

Talassemie approccio diagnostico e terapeutico

Gian Luca Forni

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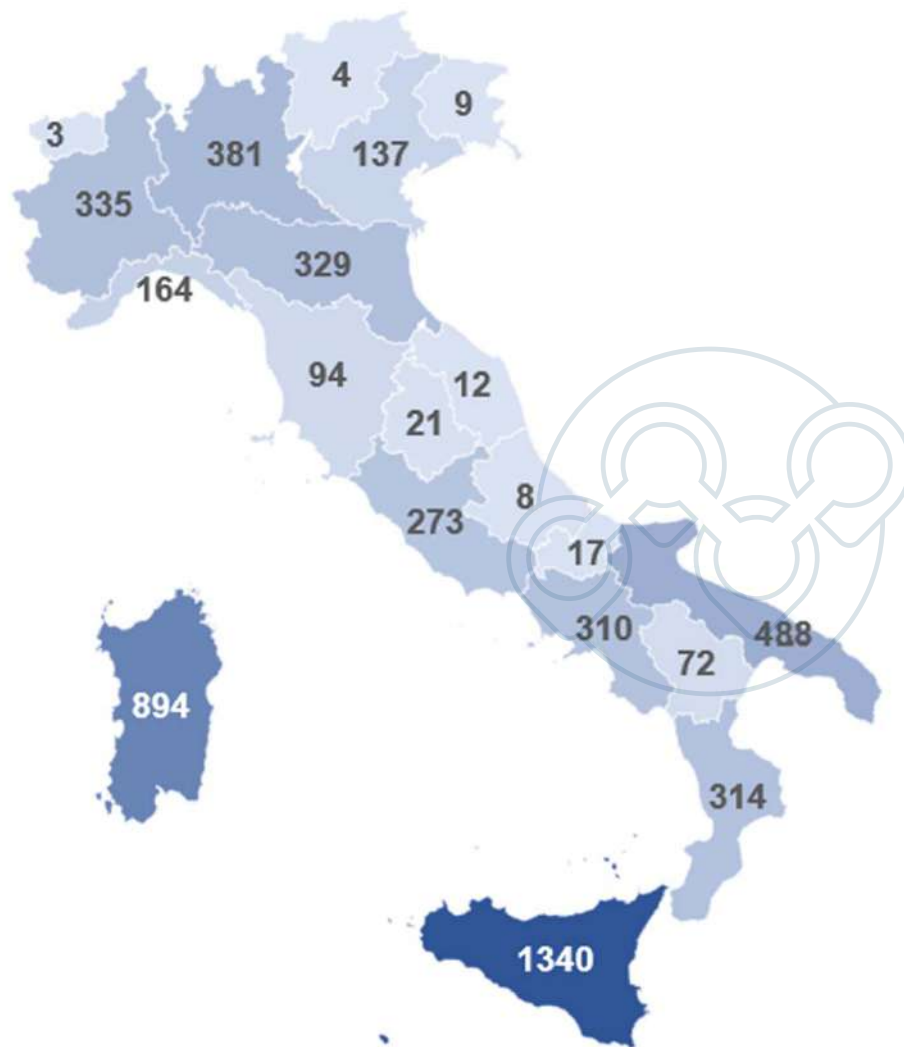
Il/La sottoscritto/a, in qualità di Relatore
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nell'esercizio della Sua funzione e per l'evento in oggetto, NON È in alcun modo portatore di interessi commerciali propri o di terzi; e che gli eventuali rapporti avuti negli ultimi due anni con soggetti portatori di interessi commerciali non sono tali da permettere a tali soggetti di influenzare le mie funzioni al fine di trarne vantaggio.

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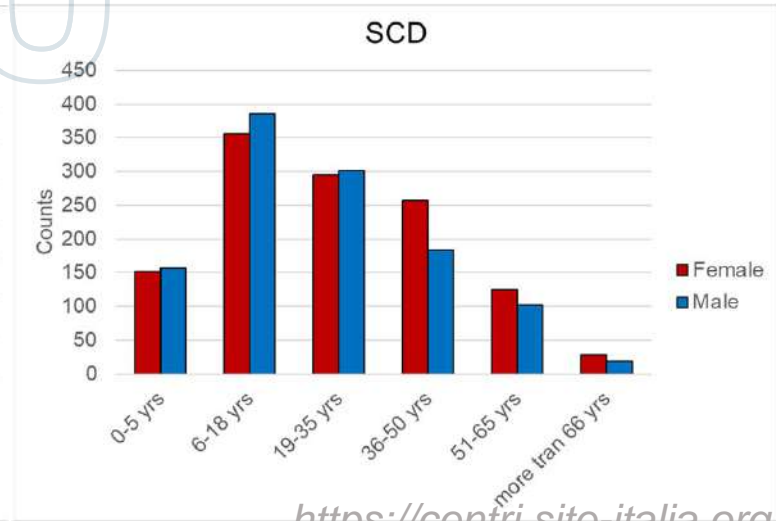
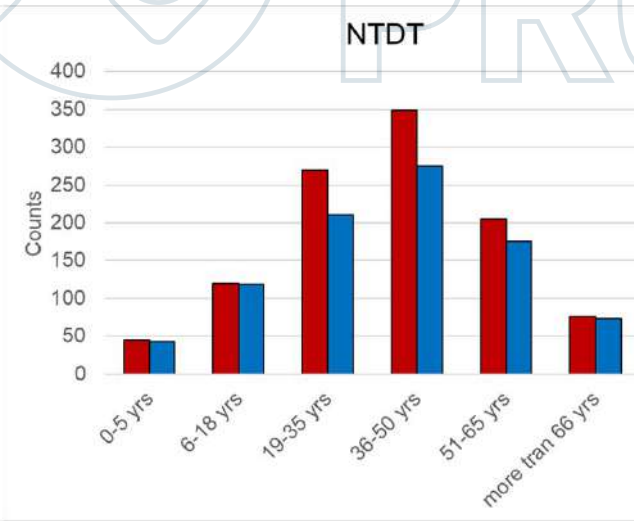
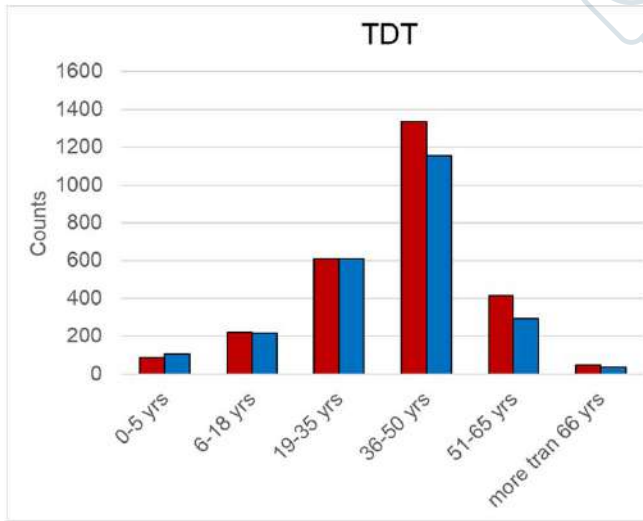
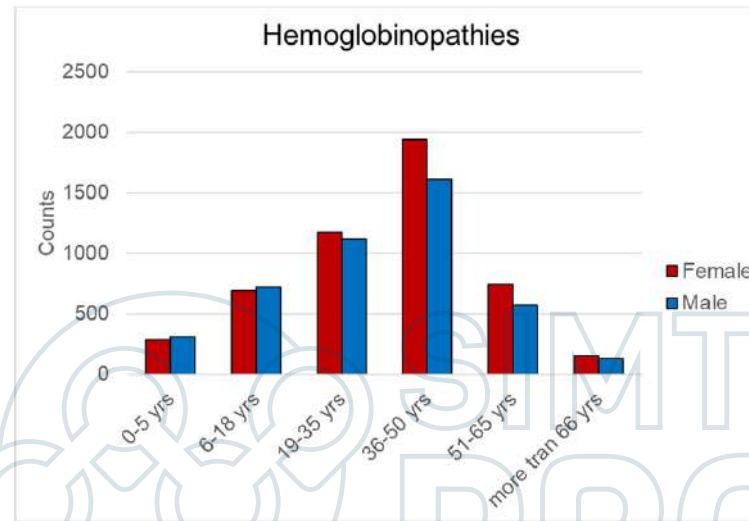


Survey S.I.T.E. – Distribuzione regionale dei pazienti TDT

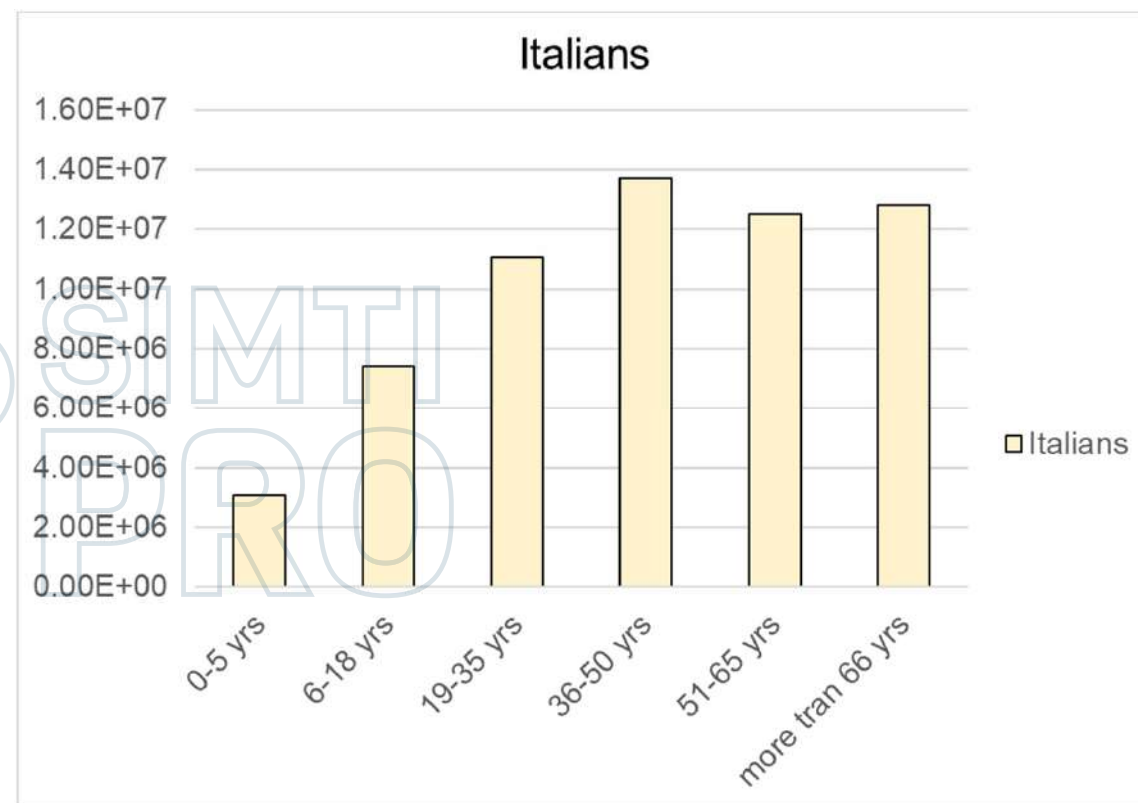
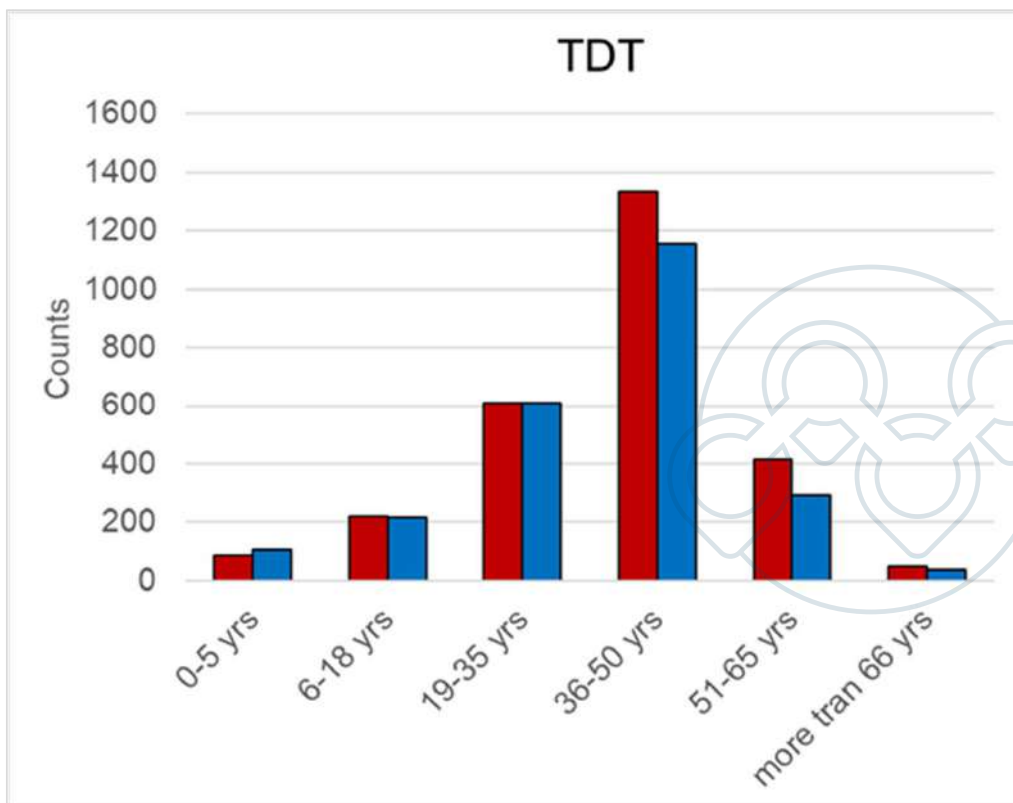


Regions	TDT
Abruzzo	8
Basilicata	72
Calabria	314
Campania	310
Emilia-Romagna	329
Friuli-Venezia-Giulia	9
Lazio	273
Liguria	164
Lombardia	381
Marche	12
Molise	17
Piemonte	335
Puglia	488
Sardegna	894
Sicilia	1340
Toscana	94
Trentino Alto Adige	4
Umbria	21
Valle d'Aosta	3
Veneto	137
Total	5205

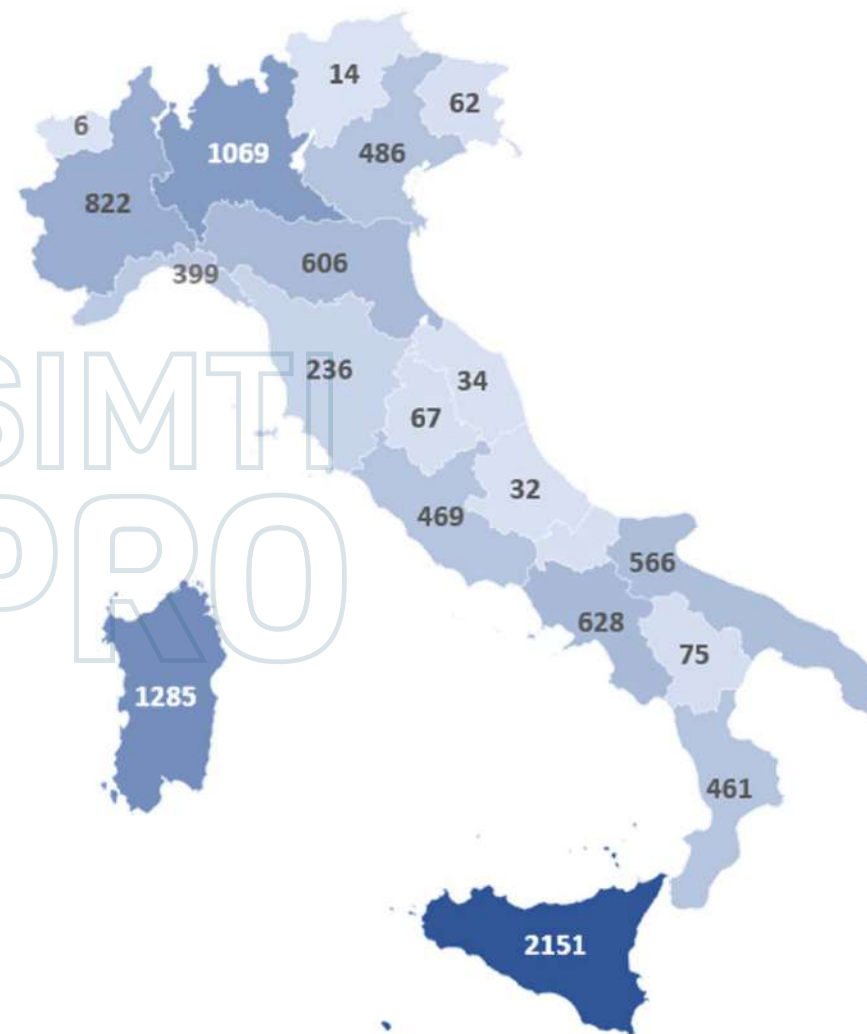
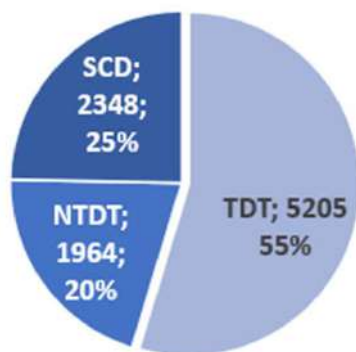
Survey S.I.T.E. – Distribuzione per sesso/età/patologia



Survey S.I.T.E. – Distribuzione per età: confronto con la popolazione Italiana



Survey S.I.T.E. – Distribuzione regionale dei pazienti con Emoglobinopatie

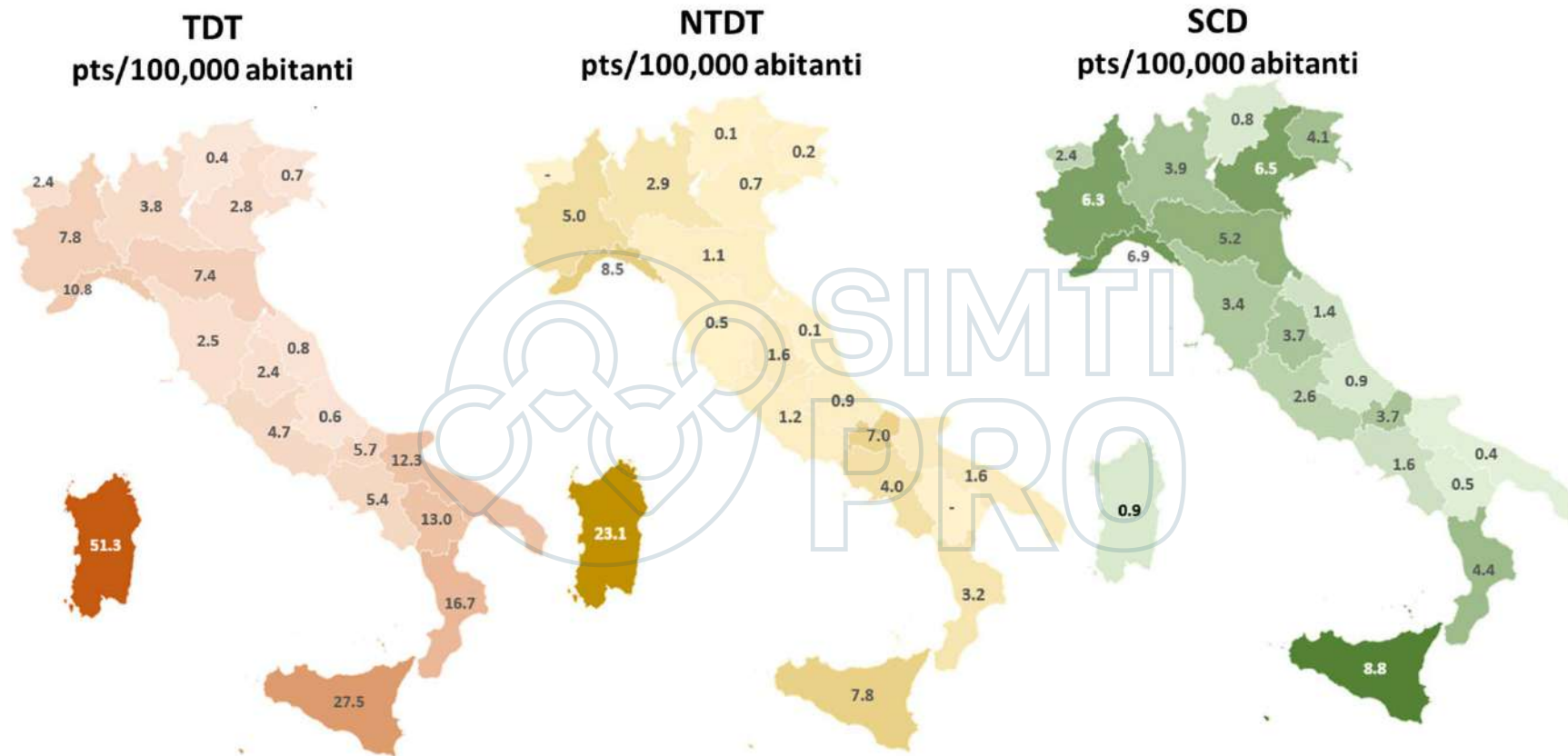


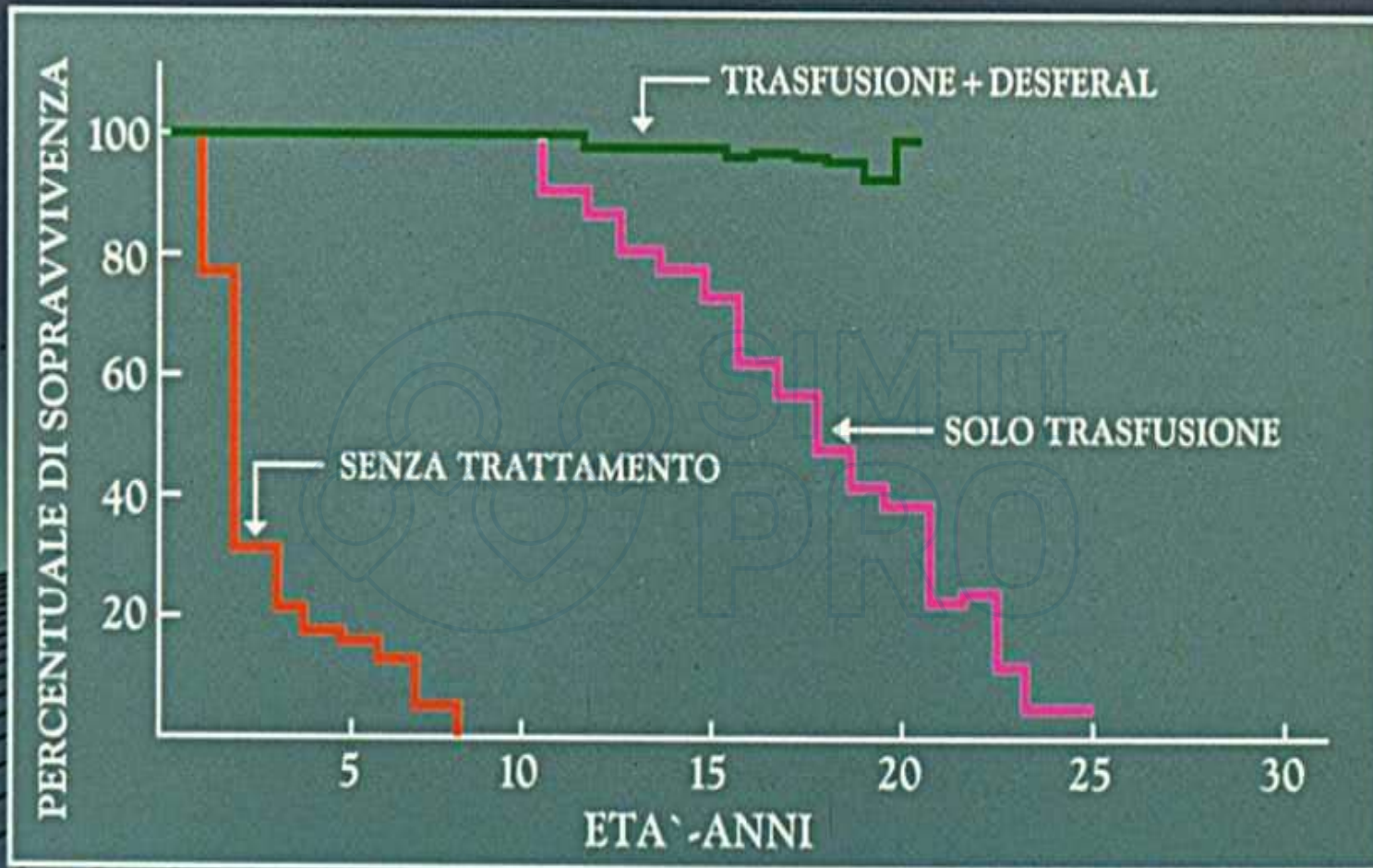
Prevalenza delle Emoglobinopatie in Italia

Casi/100,000 abitanti

Emoglobinopatie	TDT	NTDT	SCD
	8,7	3,3	3,9
	16,0		

Survey S.I.T.E. – Distribuzione sul territorio





SURVIVAL AND CAUSES OF DEATH IN THALASSAEMIA MAJOR

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 ANNUNZIATA DI PALMA ANTONIO PIGA
 CATERINA MELEVENDI FELICIA DI GREGORIO
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 SEVERINA TERZOLI

IRCCS "San Matteo", Pavia, Italy; Departments of Paediatrics of the Universities of Milan, Verona, Torino, Catania, and Bari; and Divisions of Paediatrics of Ospedale Galliera, Genova, and Ospedale Sant' Anna, Ferrara

Summary Survival and causes of death were studied in 1087 Italian patients with thalassaemia major who were born on or after Jan 1, 1960. At the age of 15 years, the Kaplan-Meier estimate of survival after the first decade of life was 80.6% for subjects born in 1960-64, 84.2% for those born in 1965-69, and 96.9% for those born in 1970-74. At the age of 20 years, survival from the age of 10 was 59.1% for patients born in 1960-64, and 70.2% for those born in 1965-69; at 25 years, survival from the age of 10 was 40.7% in the 1960-64 cohort. Overall survival from birth for patients born in 1970-74 was 97.4% at 10 years, and 94.4% at 15 years. The most common cause of death was heart disease, followed by infection, liver disease, and malignancy.

TABLE I—STATUS OF POPULATION BY YEAR OF BIRTH

Status	Birth cohort						Total
	1960-64	1965-69	1970-74	1975-79	1980-84	1985 or later	
Alive	37 (39)	148 (66.7)	284 (90.7)	274 (93.2)	127 (95.5)	31 (100)	901 (82.9)
Lost	..	3 (1.4)	1 (0.3)	2 (0.7)	6 (0.6)
BMT	..	1 (0.4)	3 (1.0)	12 (4.1)	5 (3.8)	..	21 (1.9)
Dead	57 (61)	70 (31.5)	25 (8.0)	6 (2.0)	1 (0.7)	..	159 (14.6)
Total	94	222	313	294	133	31	1087

Number (% of cohort).
 BMT = underwent bone marrow transplant.

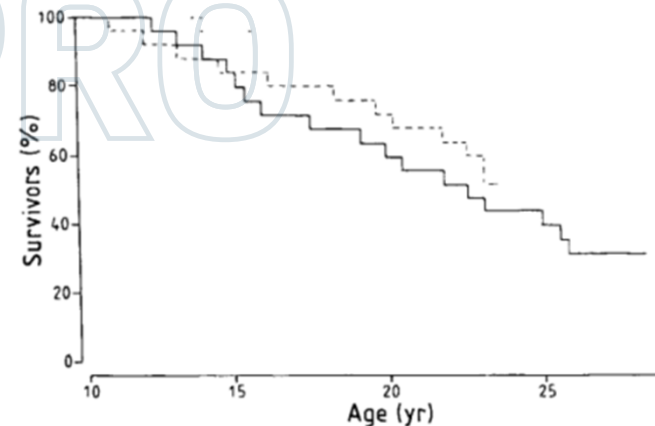


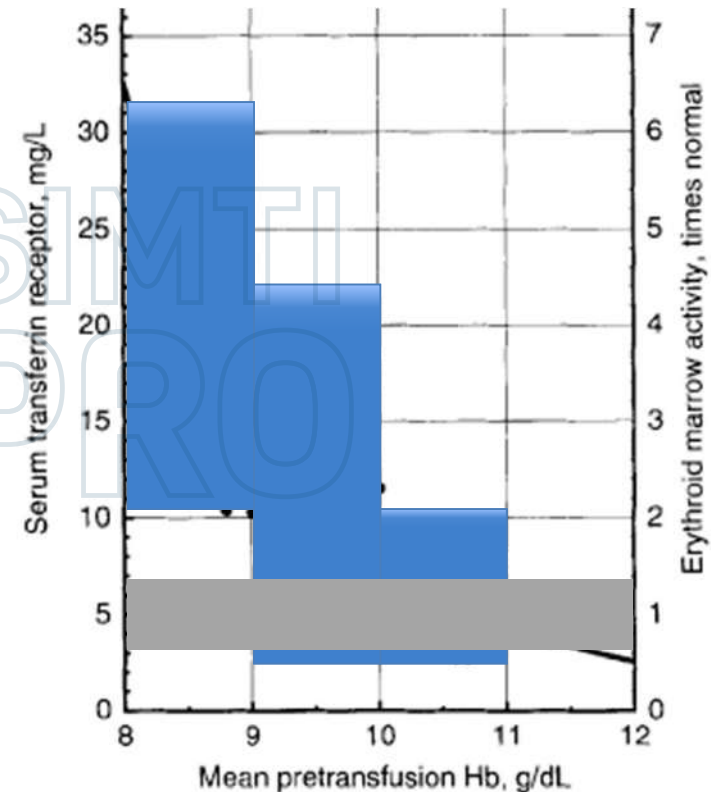
Fig 1—Survival after first decade of life by cohort of birth.
 — = 1960-64 cohort; - - - = 1965-69 cohort; and = 1970-74 cohort.

Regimi trasfusionali utilizzati nel trattamento delle talassemia major

anni	Hb pre-trasfusionale
1955-1960	<6 g/dl
1961 (Orsini)	>6 g/dl
1969 (Wolman e Ortolani)	9.5-10 g/dl
1980 (Propper)	11.5-12 g/dl
1995-1999	9.5 ±0.4 g/dl

Relationship between transfusion regimen and suppression of erythropoiesis

- 52 patients with thalassaemia major whose mean pre-transfusion haemoglobin levels ranged from 8.6 to 10*9g/dl
- Multiple regression analysis showed that serum transferrin receptor was the parameter more closely related to mean pretransfusion haemoglobin ($r = -0.77, P < 0.001$)
- Pretransfusion Hb 10-11g/dl- 1-2x normal
- Pretransfusion Hb 9-10 g/dl- 1-4x normal
- Pretransfusion Hb 9.6-9 g/dl- 2-6 x norma Cazzola, 1995 #906}





[haematologica]
2004;89:1187-1193

Thalassemia • Research Paper

Survival and complications in patients with thalassemia major treated with transfusion and deferoxamine

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SIMONE RUGOLOTTO
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MARIA ANTONIETTA ROMEO
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A B S T R A C T

Background and Objectives. Seven Italian centers reported data on survival, causes of death and appearance of complications in patients with thalassemia major. The interactions between gender, birth cohort, complications, and ferritin on survival and complications were analyzed.

Design and Methods. Survival after the first decade was studied for 977 patients born since 1960 whereas survival since birth and complication appearance was studied for the 720 patients born after 1970. Better survival was demonstrated for patients born in more recent years ($p < 0.00005$) and for females ($p = 0.0003$); 68% of the patients are alive at the age of 35 years. In the entire population 67% of the deaths were due to heart disease.

Results. There was a significant association between birth cohort and complication-free survival ($p < 0.0005$). The prevalence of complications was: heart failure 6.8%, arrhythmia 5.7%, hypogonadism 54.7%, hypothyroidism 10.8%, diabetes 6.4%, HIV infection 1.7%, and thrombosis 1.1%. Lower ferritin levels were associated with a lower probability of heart failure (hazard ratio = 3.35, $p < 0.005$) and with prolonged survival (hazard ratio = 2.45, $p < 0.005$), using a cut-off as low as 1,000 ng/mL.

Interpretation and Conclusions. Survival and complication-free survival of patients with thalassemia major continue to improve, especially for female patients born shortly before or after the availability of iron chelation.

Key words: thalassemia, survival, causes of death, ferritin, hemosiderosis.

Seven Italian Centers Study

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A. Piga: University of **Torino**

S. Rugolotto: University of **Verona**

P. De Stefano: University of **Pavia**

R. Gamberini : Ospedale **Ferrara**

G.Forni: Ospedale Galliera, **Genova**

M.A. Romeo: University of **Catania**

G.C. DelVecchio: University of **Bari**

M.D. Cappellini: University of **Milan**

Statistical analysis

Huaqing Zhao, Avital Cnaan:
CHOP **Philadelphia**



Seven Italian Centers Study

- Study started in 1983
- Treatment included transfusion and DFO
- BMT, DFP censored
- Follow-up performed in 1999

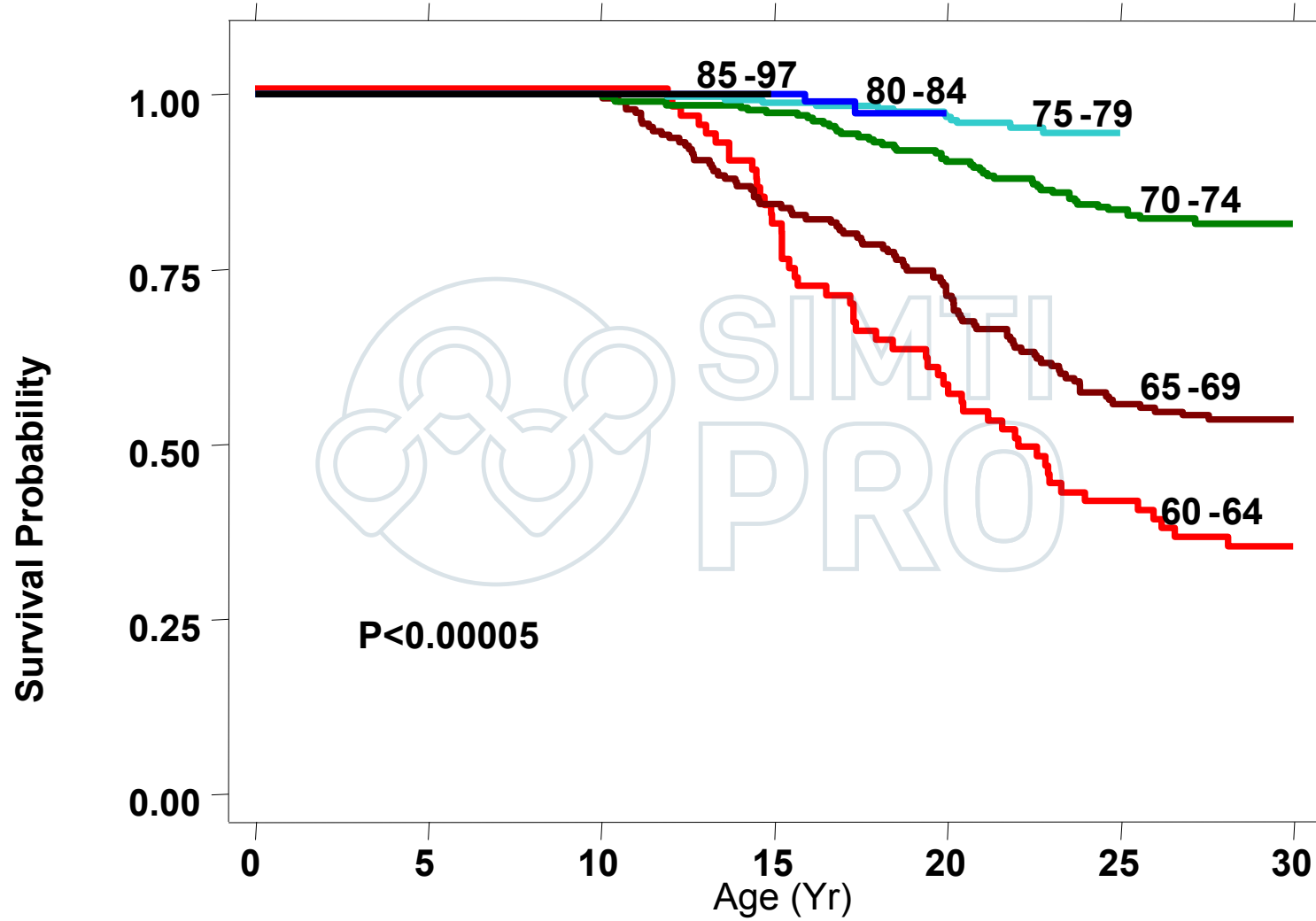
Borgna-Pignatti et al. Haematologica, 2004;89:1187

Study population

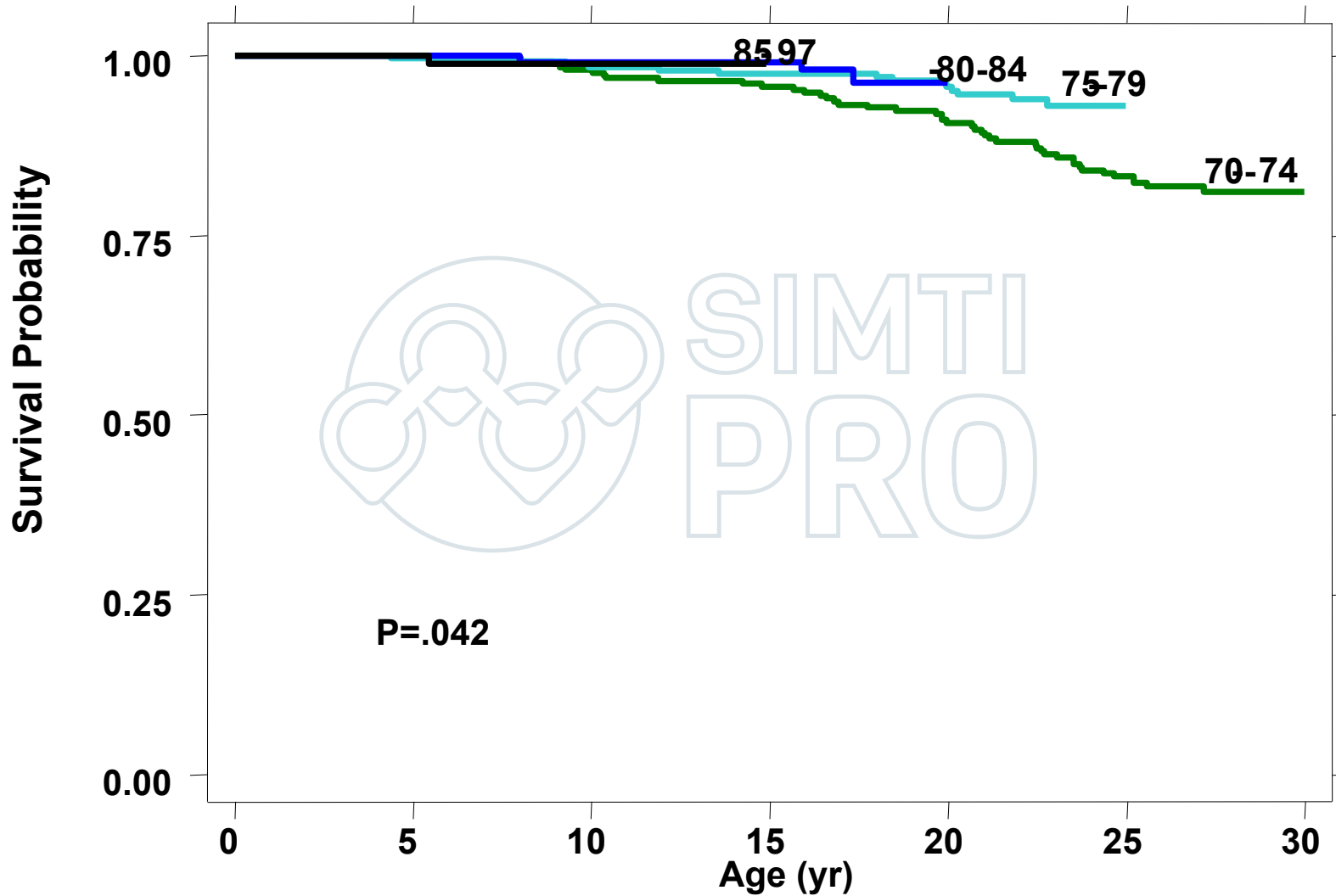
- 977 pts (47% female) born after 1960
- 720 patients born after 1970



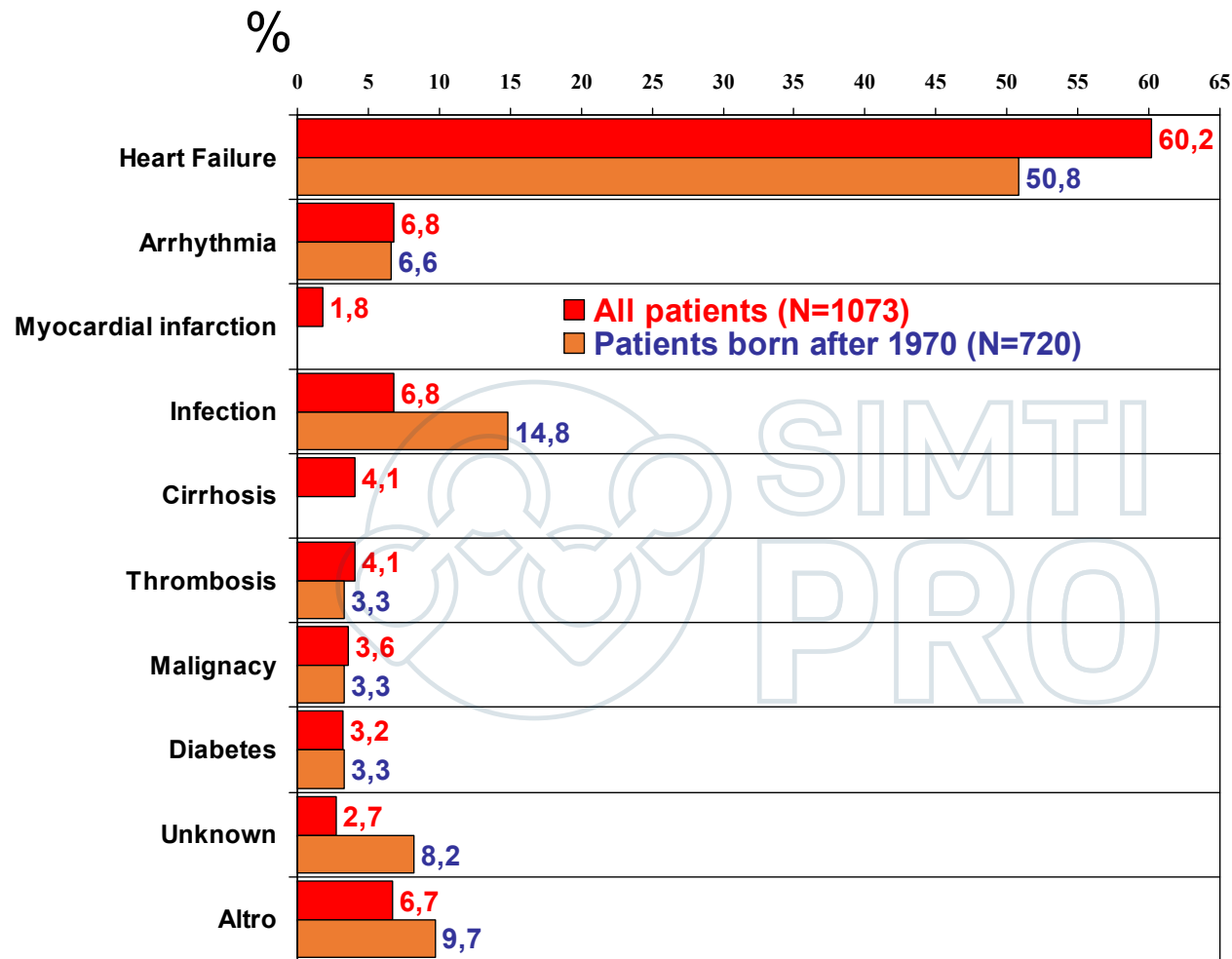
Survival by Cohort of Birth (N=977)



Survival by Cohort of Birth (N=720)

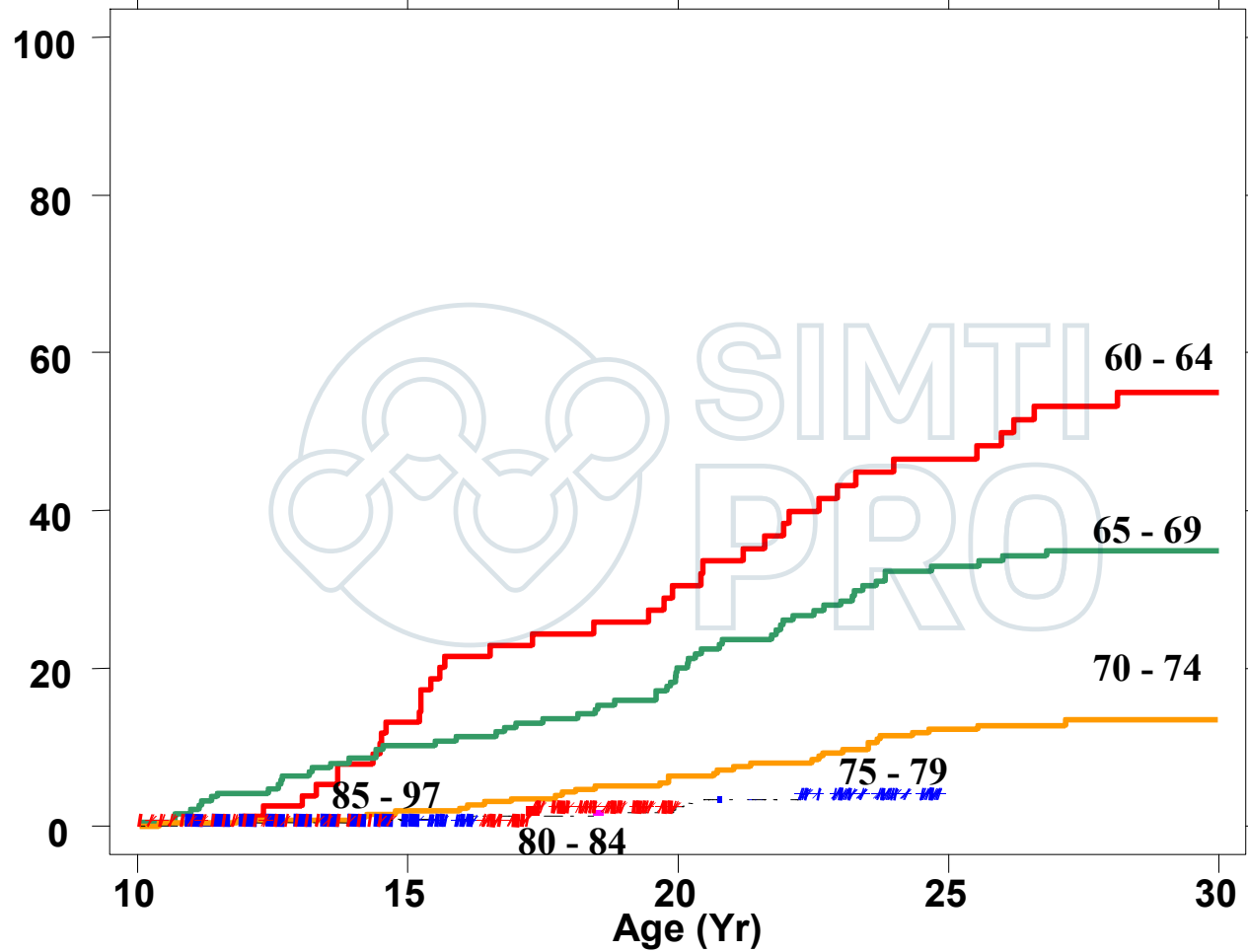


Causes of death for the entire population of patients and for those born after 1970

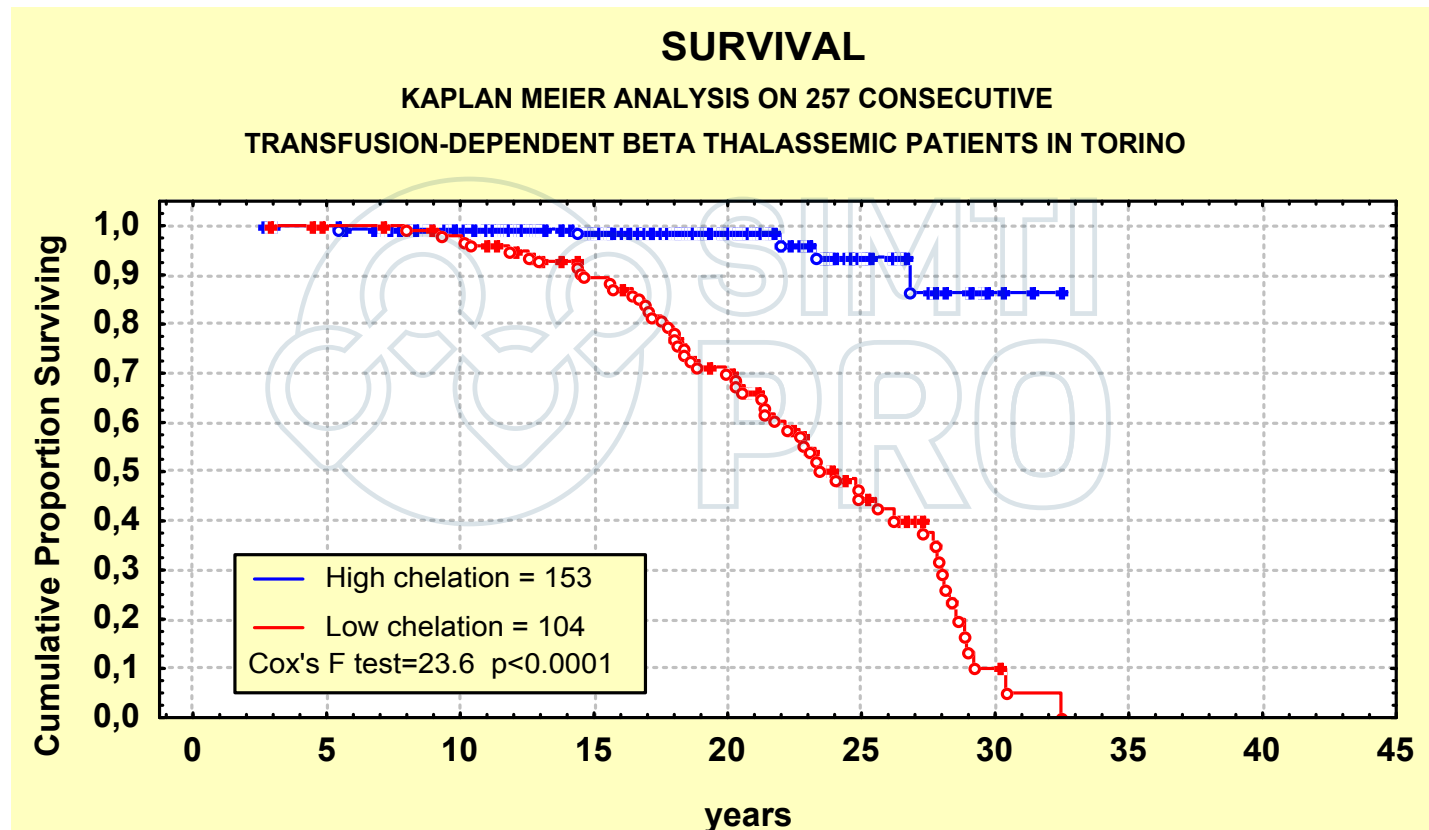


Accident, Renal Failure, HIV/AIDS, Familial autoimmune disorder, Anorexia, Hemolytic Anemia, Thrombocytopenia.

Probability of Death due to Heart Disease after Age 10



La terapia chelante cambia la prognosi della malattia



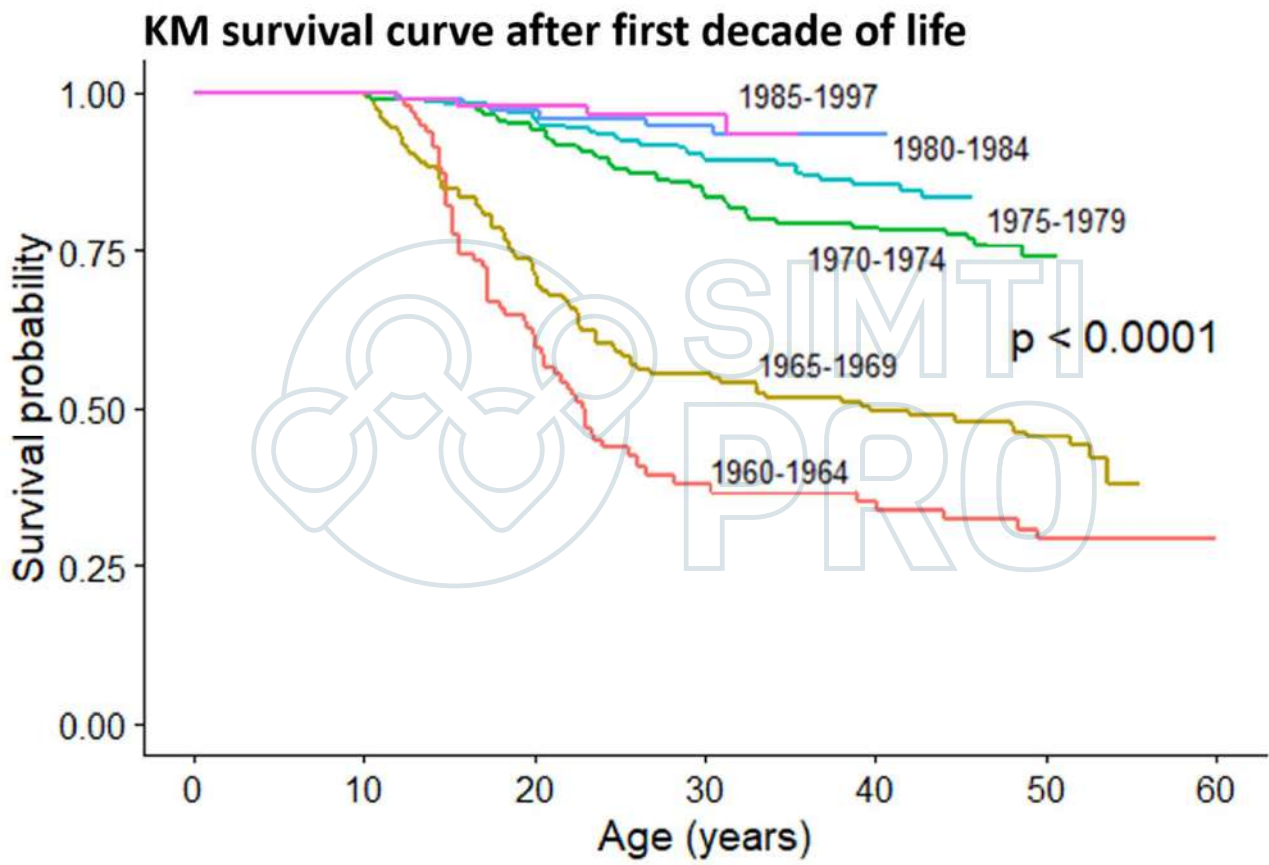


RESEARCH ARTICLE

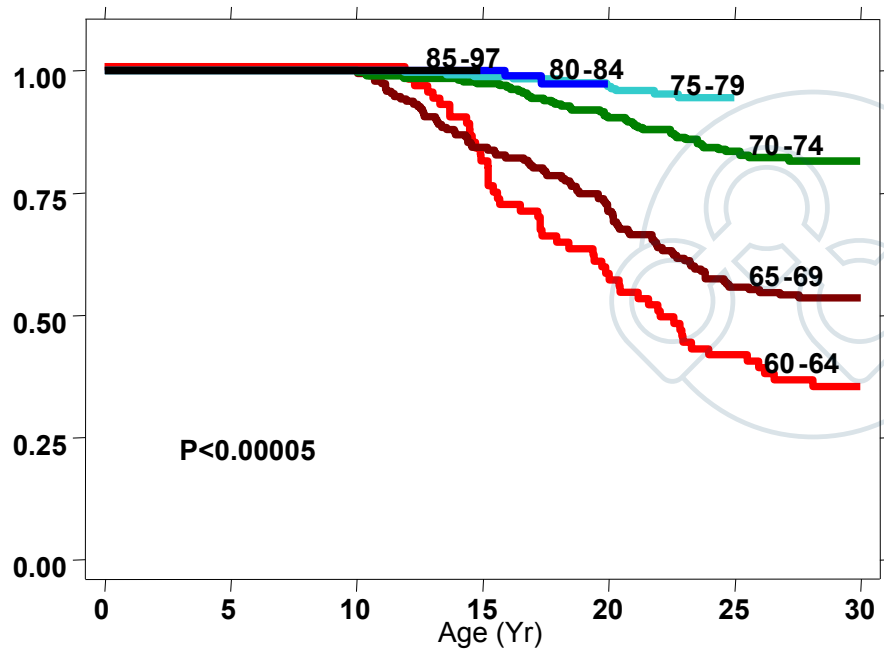
Overall and complication-free survival in a large cohort of patients with β -thalassemia major followed over 50 years

Gian Luca Forni¹  | Barbara Ganesin^{1,2} | Khaled M. Musallam³  |
Filomena Longo⁴  | Rosamaria Rosso⁵ | Roberto Lisi⁶ | Maria Rita Gamberini⁷ |
Valeria Maria Pinto¹ | Giovanna Graziadei⁸  | Angelantonio Vitucci^{9,10} |
Federico Bonetti¹¹ | Pellegrino Musto⁹ | Antonio Piga¹² |
Maria Domenica Cappellini^{8,13}  | Caterina Borgna-Pignatti¹⁴ | on behalf of the
Webthal[®] project

Parameter	All (N = 709)	Birth cohort			
		1970-1974 (N = 213)	1975-1979 (N = 245)	1980-1984 (N = 125)	1985-1997 (N = 126)
Male, n (%)	362 (51.1)	110 (51.6)	123 (50.2)	67 (53.6)	62 (49.2)
Age in years at last follow-up, median (IQR)	33.5 (21.3-43.3)	45.7 (24.5-48.1)	40.7 (26.2-43.4)	30.1 (19.2-39.4)	24.8 (16.4-31.2)
Patient-years of observation	22,443	7,939	8,217	3,443	2,843
BMT, n (%)	73 (10.3)	15 (7.0)	23 (9.4)	21 (16.8)	14 (11.1)
Age at BMT in years, median (IQR)	10.7 (7.9-15.5)	17.1 (15.6-19.1)	11.7 (10-13.4)	8.2 (6.5-10.4)	3.8 (2.7-10.3)
Splenectomy, n (%)	271 (38.2)	123 (57.7)	89 (36.3)	38 (30.4)	21 (16.7)
Age at splenectomy in years, median (IQR)	10 (8-16)	9 (7-12)	11 (8-17)	15 (10.2-20)	14 (6.8-23)
Deaths, n (%)	93 (13.1)	45 (21.1)	32 (13.1)	8 (6.4)	8 (6.3)
Age of death in years, median (IQR)	23.2 (16.9-30)	24.4 (19.8-31.3)	24.1 (18.3-31)	16.6 (10.9-21.8)	10.8 (8.4-17.3)

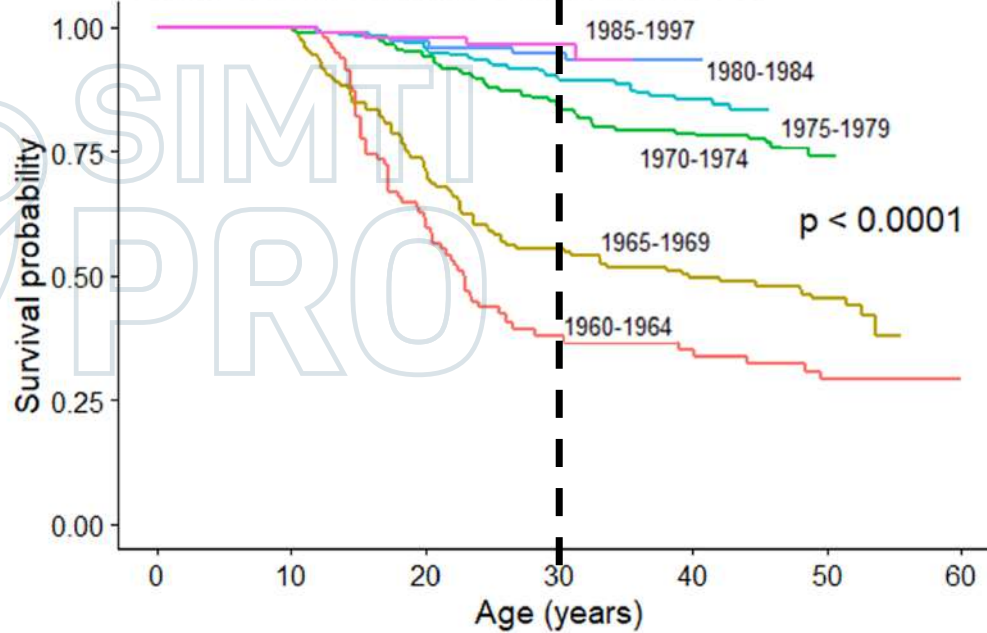


Survival by Cohort of Birth (N=977)



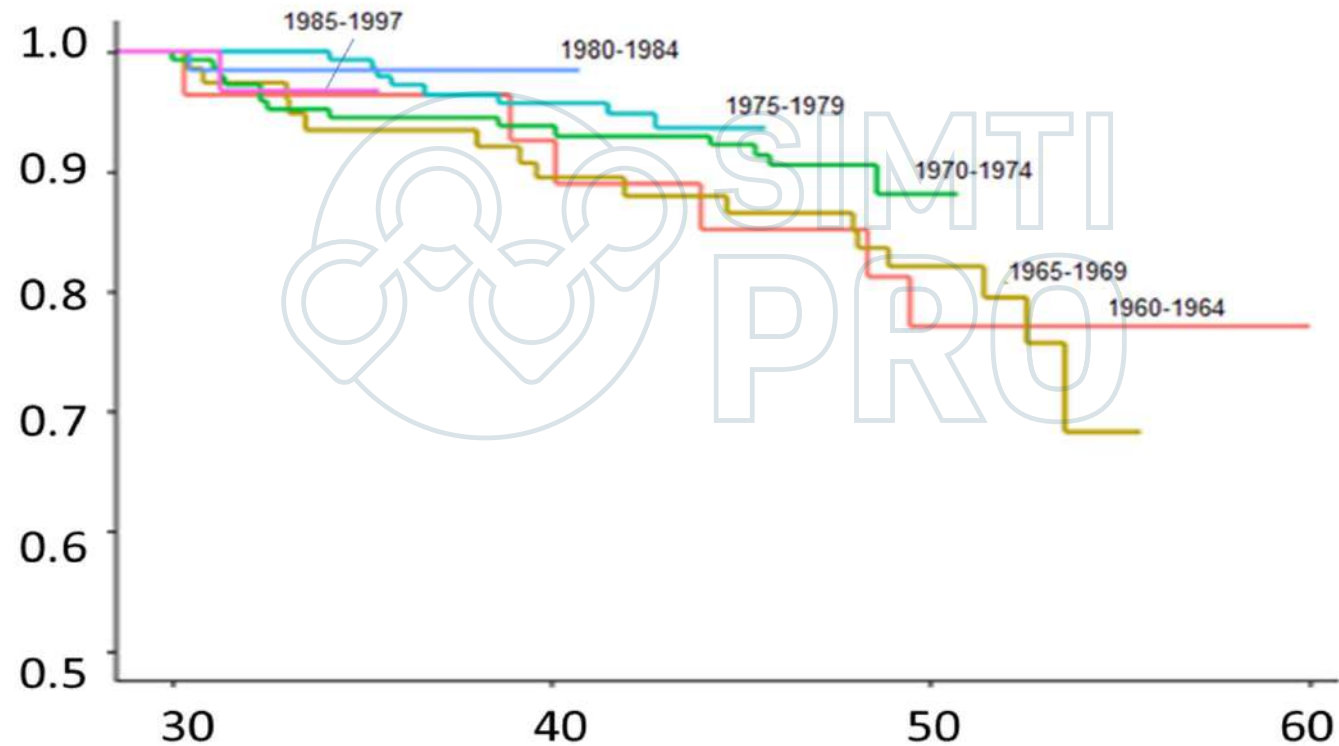
Borgna-Pignatti et al, haematologica, 2004

KM survival curve after first decade of life



G.L. Forni et al 2022, AHJ

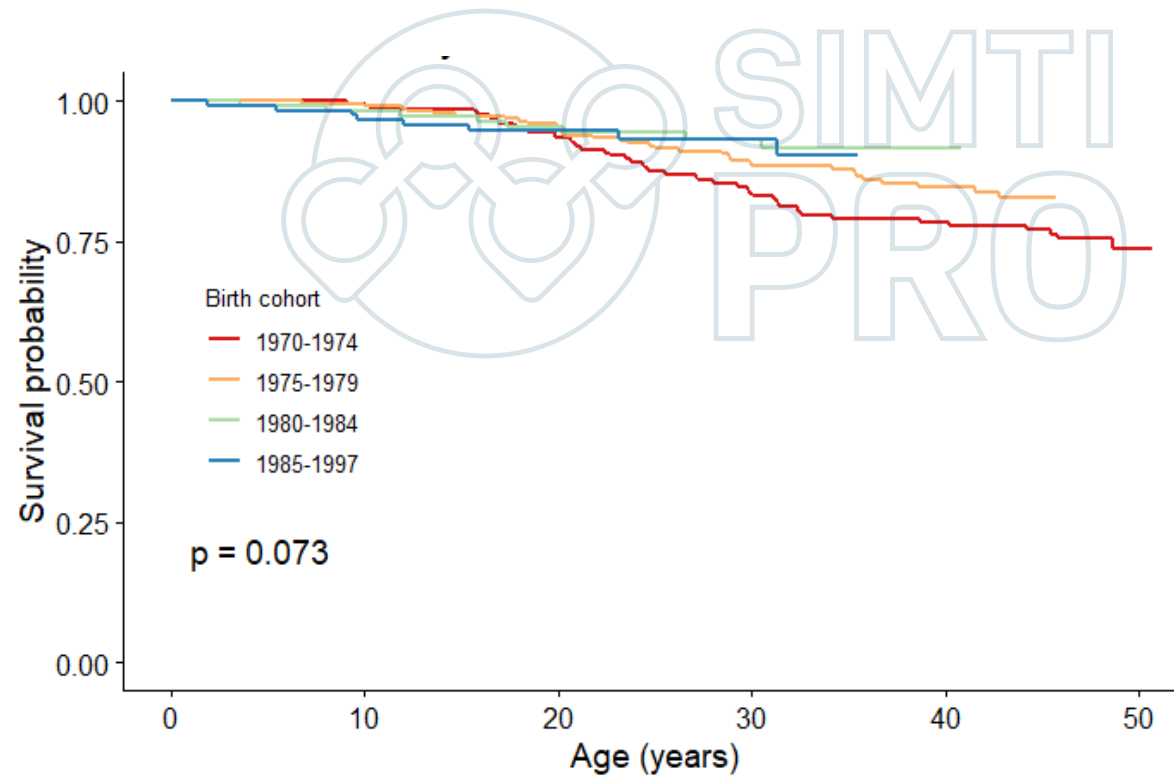
KM survival curve after the third decade of file



Survival in thalassemia major: aggiornamento dopo un follow-up di 50 anni

Sopravvivenza per coorte di nascita

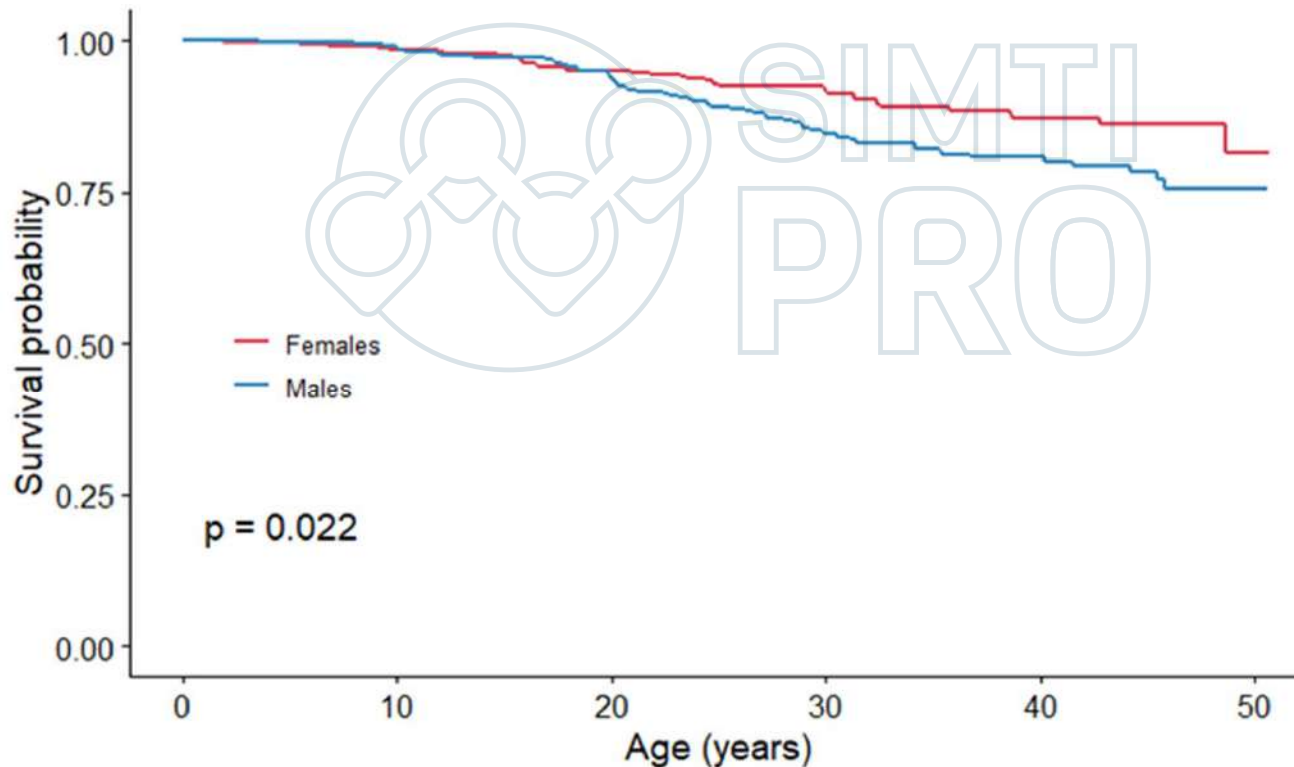
Overall survival probability at 30 years was 83.6% (95%CI: 78.5–89.1) in the oldest birth cohort (1970–1974) compared with 93.3% (95%CI: 88.6–98.3) in the youngest birth cohort (1985–1997) ($p = 0.073$).



Survival in thalassemia major: aggiornamento dopo un follow-up di 50 anni

Sopravvivenza per sesso

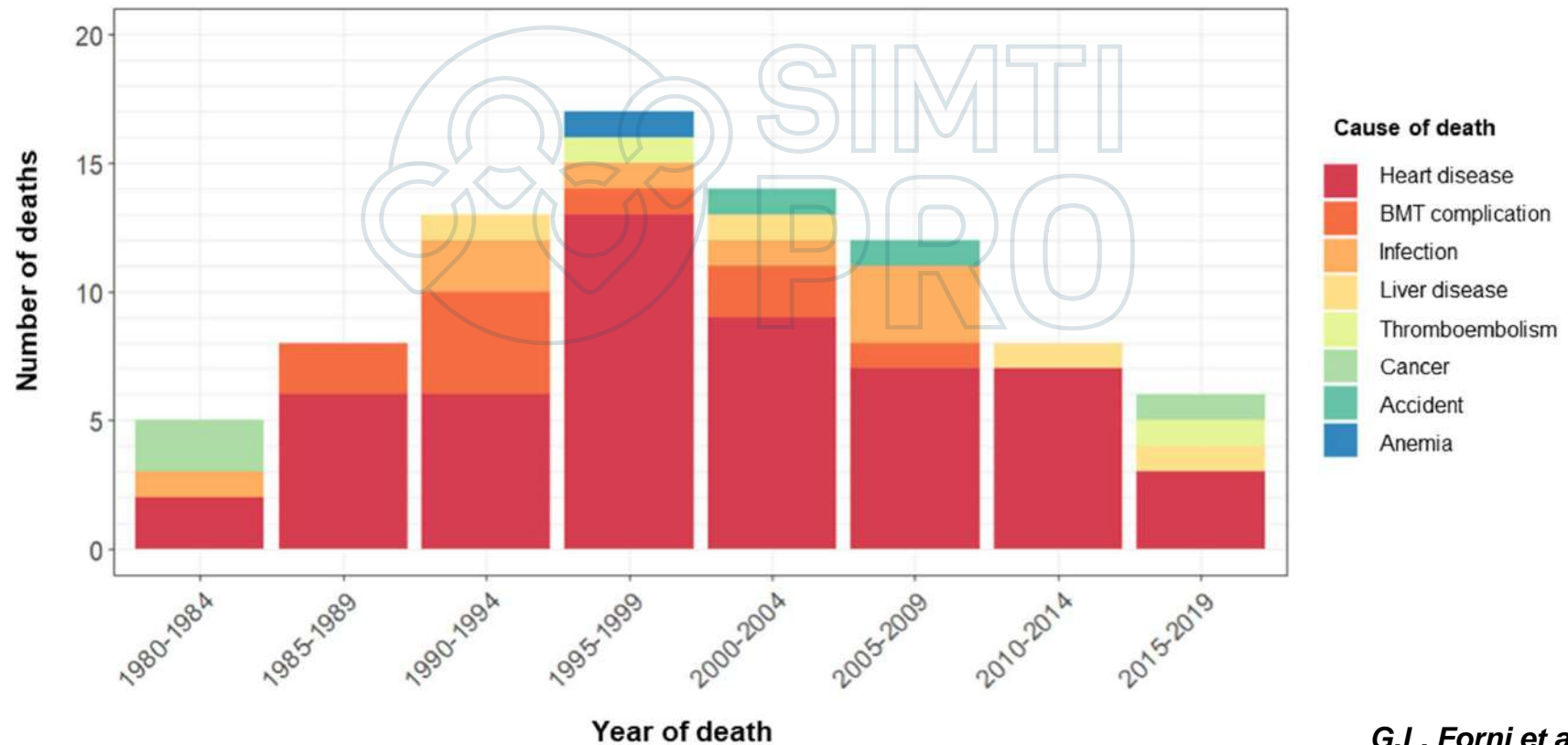
Females had better survival than males ($p = 0.022$) with a survival probability at 30 years of 91.8% (95%CI: 88.7–95.0) in females compared with 84.6% (95%CI: 80.5–88.8) in males.



Survival in thalassemia major: aggiornamento dopo un follow-up di 50 anni

Cause di morte per coorte di nascita

- Distribution of causes of death over the years (excluding 10 patients with the cause of death not reported or unknown)
- There were a total of 93 deaths at a median age of 23.2 years (IQR: 16.9–30)



Causes of death

Parameter	All (N = 709)	Birth cohort			
		1970-1974 (N = 213)	1975-1979 (N = 245)	1980-1984 (N = 125)	1985-1997 (N = 126)
Cause of death, n (% of deaths)					
Heart disease	53 (57.0)	32 (71.1)	16 (50.0)	4 (50.0)	1 (12.5)
BMT complication	10 (10.8)	3 (6.7)	2 (6.3)	2 (25.0)	3 (37.5)
Infection	8 (8.6)	3 (6.7)	3 (9.4)	-	2 (25.0)
Liver disease	4 (4.3)	2 (4.4)	2 (6.3)	-	-
Cancer	3 (3.2)	1 (2.2)	1 (3.1)	1 (12.5)	-
Thromboembolism	2 (2.2)	-	2 (6.3)	-	-
Accident	2 (2.2)	1 (2.2)	1 (3.1)	-	-
Anemia	1 (1.1)	-	-	1 (12.5)	-
Unknown	10 (10.8)	3 (4.4)	5 (15.6)	-	2 (25.0)

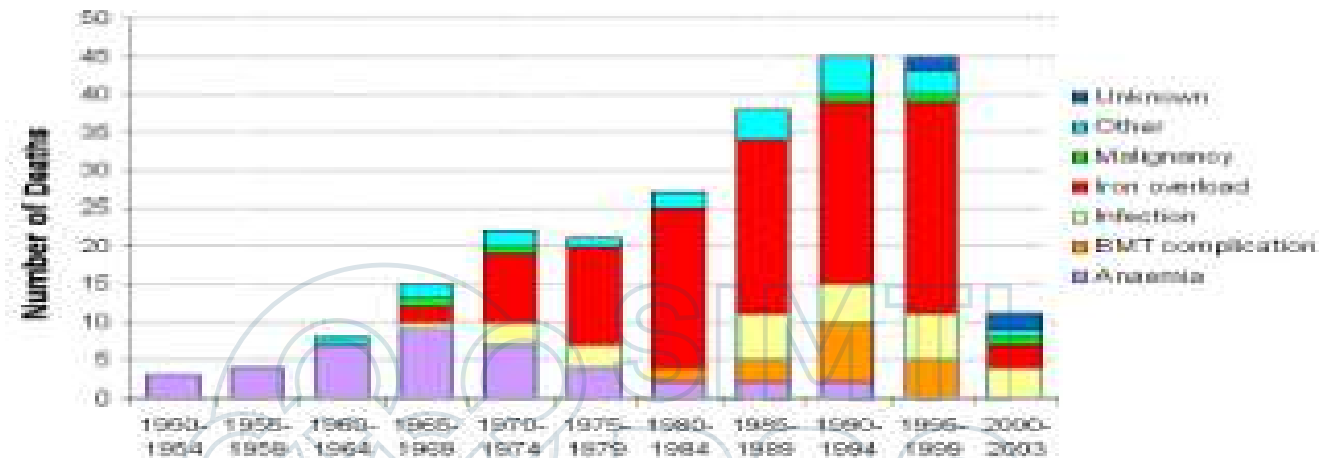


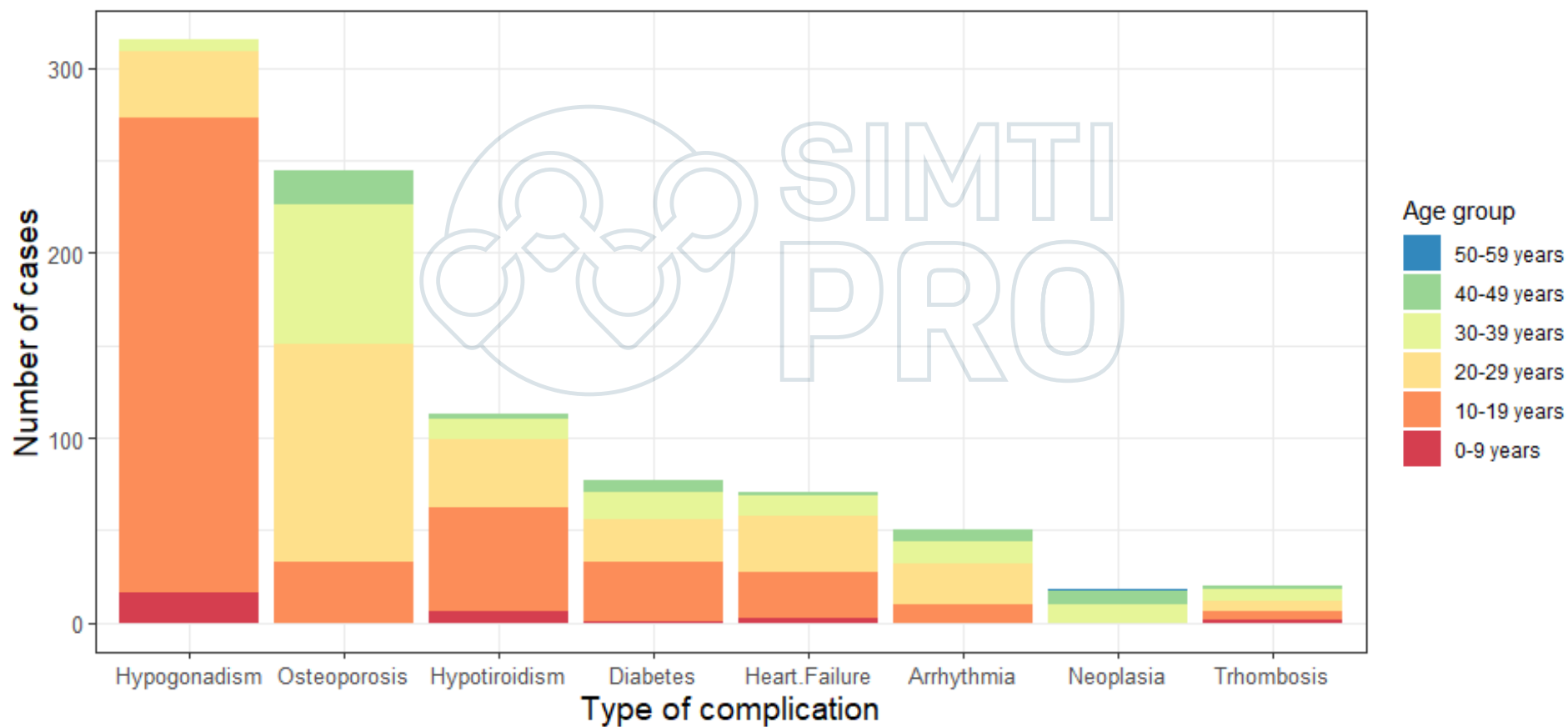
Figure 1
Number of deaths of patients with thalassaemia major in the UK by intervals. The number of deaths in the 2000–2003 interval represents deaths during 4 years, and in all the other groups the number of deaths is over 5 years. Iron overload replaced anaemia as the commonest cause of death after 1970, when adequate transfusion schemes became the norm. Iron chelation therapy by subcutaneous infusion of deferoxamine was standard practice after 1980. In 1999, T2* CMR was introduced in the UK, and doctors caring for thalassaemia patients were informed of the high cardiac death rate and new options for iron chelation therapy. There has been a 71% reduction in the annualized death-rate from iron overload since 2000.

Overview of clinical complications

Parameter	Age at presentation in years, median (IQR)	All (N = 709)	Birth cohort			
			1970-1974 (N = 213)	1975-1979 (N = 245)	1980-1984 (N = 125)	1985-1997 (N = 126)
Any complication	-	480/709 (67.7)	178/213 (83.6)	185/245 (75.5)	70/125 (56.0)	47/126 (37.3)
Hearth failure	22.4 (18.5-28.5)	96/697 (13.8)	47/213 (22.1)	31/244 (12.7)	11/123 (8.9)	7/117 (6.0)
Arrhythmia	26.7 (22.7-34.2)	58/697 (8.3)	32/213 (15.0)	21/244 (8.6)	4/123 (3.3)	1/117 (0.9)
Diabetes	23.3 (16.1-30.9)	78/698 (11.2)	44/213 (20.7)	24/245 (9.8)	8/123 (6.5)	2/117 (1.7)
Hypothyroidism	19.4 (14.8-24.4)	120/698 (17.2)	55/213 (25.8)	52/245 (21.2)	10/123 (8.1)	3/117 (2.6)
Hypogonadism	16 (14.9-17)	335/683 (49.0)	148/213 (69.5)	144/245 (58.8)	33/121 (27.3)	10/104 (9.6)
Osteoporosis	27.6 (23-32.9)	263/402 (65.4)	82/118 (69.5)	100/139 (71.9)	50/71 (70.4)	31/74 (41.9)
Thrombosis	25.8 (19.4-34.7)	22/698 (3.2)	8/213 (3.8)	10/245 (4.1)	1/123 (0.8)	3/117 (2.6)
Cancer	39 (36-41.8)	21/709 (3.0)	15/213 (7.0)	6/245 (2.4)	0/125 (0.0)	0/126 (0.0)
HIV infection	11.2 (8.7-13.6)	10/698 (1.4)	5/213 (2.3)	5/245 (2.0)	0/123 (0.0)	0/117 (0.0)
≥2 complications	-	301/709 (42.5)	132/213 (62.0)	129/245 (52.7)	31/125 (24.8)	9/126 (7.1)
≥3 complications	-	137/709 (19.3)	69/213 (32.4)	54/245 (22.0)	13/125 (10.4)	1/126 (0.8)

Data presented as n/N (%) unless otherwise indicated. IQR, interquartile range; HIV, human immunodeficiency virus.

Distribution of age at presentation for different complications (human immunodeficiency virus infection excluded)



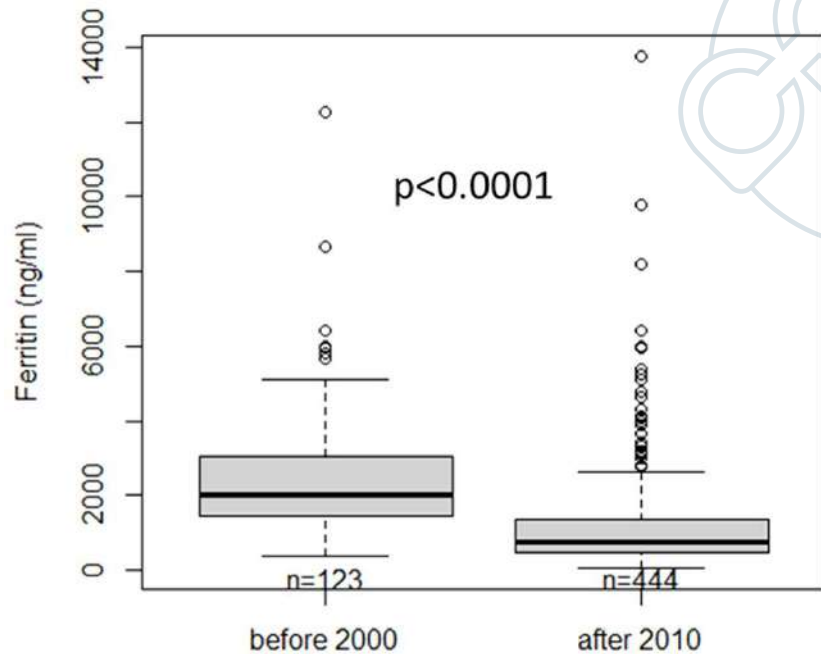
Time comparison of ferritin (before 2000 and after 2010) patients followed by two centres

Patients from 2 centers

- 123 patients with ferritin assessment before 2000
- 444 patients after 2010

Before 2000: 2034.2 (1454.2-3036.7)

After 2010: 772.8 (485.3-1353.2)

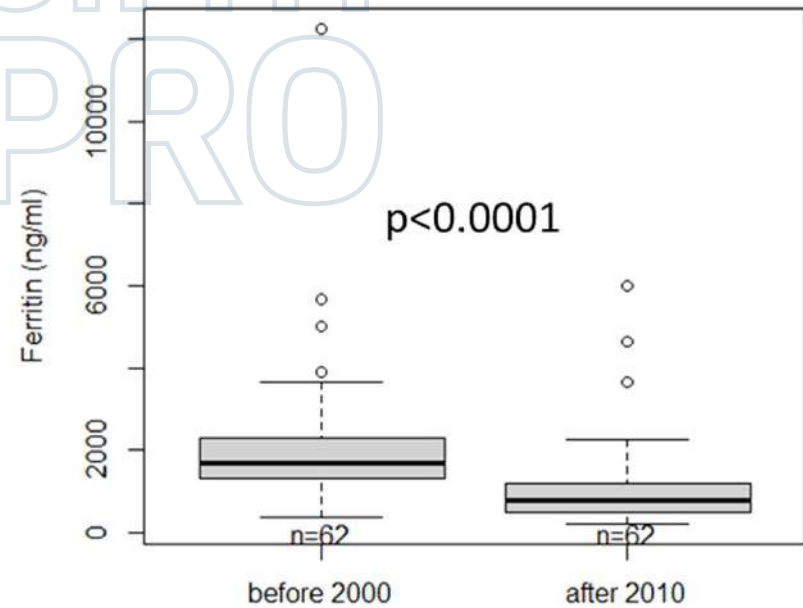


Patients from 2 centers

- 62 patients with ferritin assessment before 2000 and after 2010

Before 2000: 1685.4 (1307.5-2285.9)

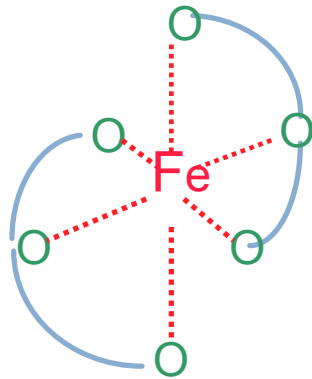
After 2010: 764.3 (486.1-1188.7)



How Chelators Bind Iron

Deferasirox (DFS)

Tridentate



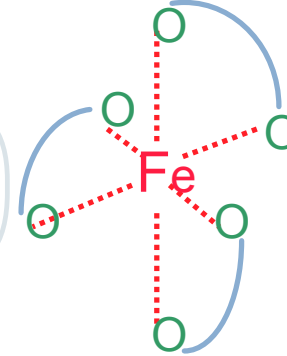
Desferrioxamine (DFO)

Hexadentate



Deferiprone (DFP)

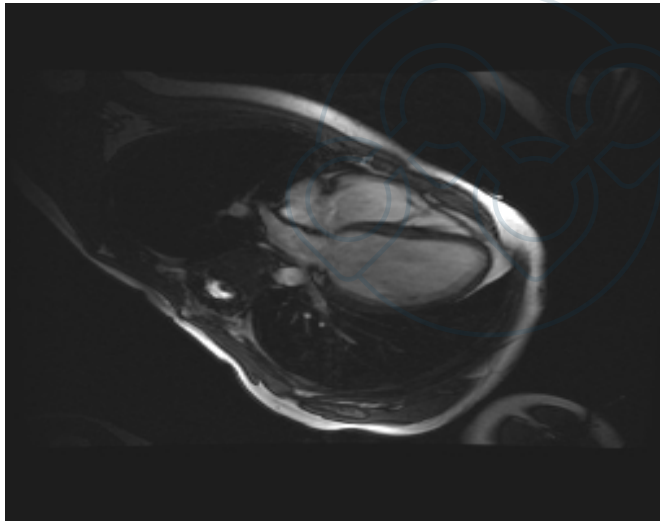
Bidentate



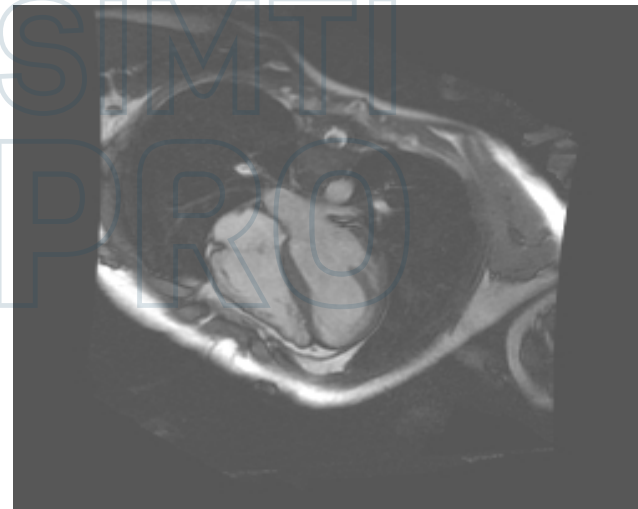
Adapted from Porter JB, et al. *Baillieres Clin Haematol.* 1989;2:257.

**Rapido effetto della chelazione intensiva combinata
in un caso di grave
scompenso cardiaco da accumulo di ferro**

FE 30%



FE 50%



Research

Open Access

Combined chelation therapy in thalassemia major for the treatment of severe myocardial siderosis with left ventricular dysfunction

Mark A Tanner¹, Renzo Galanello², Carlo Dessi², Gillian C Smith¹, Mark A Westwood¹, Annalisa Agus², Martina Pibiri², Sunil V Nair³, J Malcolm Walker³ and Dudley J Pennell^{*1}

RESEARCH ARTICLE

WILEY **AJH**



Treatment of hepatitis C virus infection with direct-acting antiviral drugs is safe and effective in patients with hemoglobinopathies

Raffaella Origa¹  | Maria Laura Ponti² | Aldo Filosa³ | Alfonso Galeota Lanza³ | Antonio Piga⁴ | Giorgio Maria Saracco⁴ | Valeria Pinto⁵ | Antonino Picciotto⁶ | Paolo Rigano⁷  | Salvatore Madonia⁷ | Rosamaria Rosso⁸ | Domenico D'Ascola⁹ | Maria Domenica Cappellini¹⁰  | Roberta D'Ambrosio¹⁰ | Immacolata Tartaglione¹¹ | Lucia De Franceschi¹² | Barbara Ganesin⁵ | Vito Di Marco¹³  | Gian Luca Forni⁵  | Italy for THAlassemia and hepatitis C Advance - Società Italiana Talassemie ed Emoglobinopatie (ITHACA-SITE)

Post-ASH *meeting*:
news in β Thalassemia
Palermo - May 3, 2017

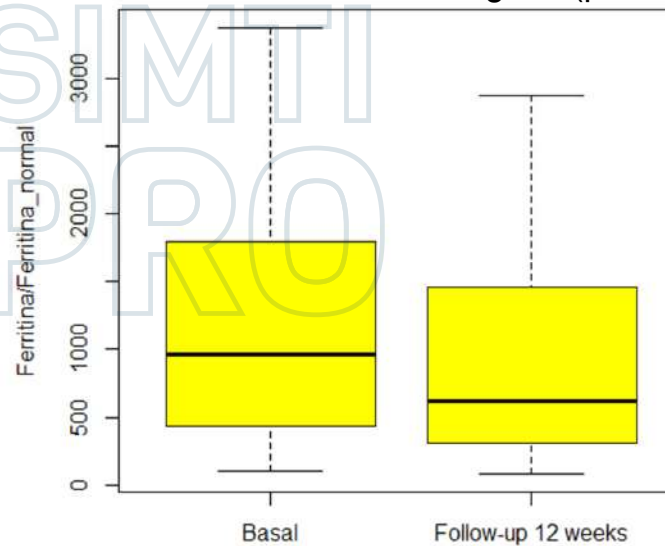


Serum Ferritin

• Baseline: (1450 ± 1660) mg/mL
(range: 103–11,190 mg/mL),
n=117

• Week 12 of follow up: (1080 ± 1144) mg/mL (range:
88–5696 mg/mL),
n=61 HCV-RNA negative

Mean difference: 433 mg/mL ($p < 0.001$)

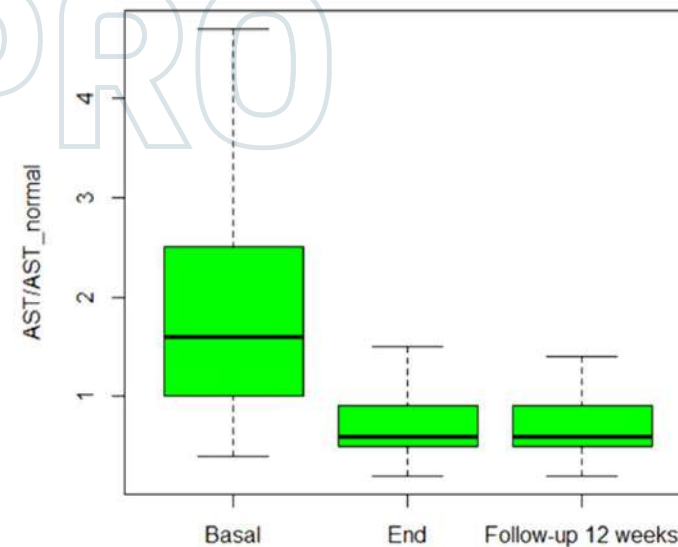


AST/AST_{normal} ratio

Reductions in serum AST levels from baseline were statistically significant both at the end of treatment ($p < 0.001$) and at Week 12 of post-treatment follow up ($p < 0.001$).

The reduction in AST level between the end of DAA treatment and Week 12 was not statistically significant ($p = 0.86$).

- Baseline: (2.0 ± 1.4), $n = 136$
- End of the treatment: (0.75 ± 0.45), $n = 105$
- Week 12 of follow up: (0.72 ± 0.42), $n = 62$

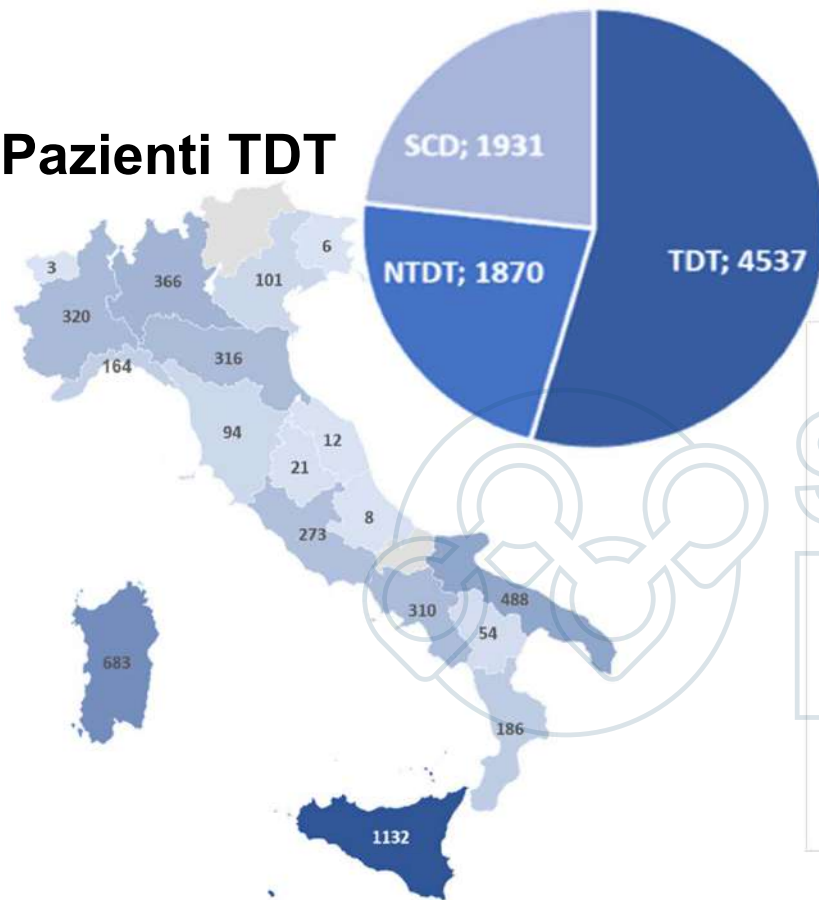


Agenda

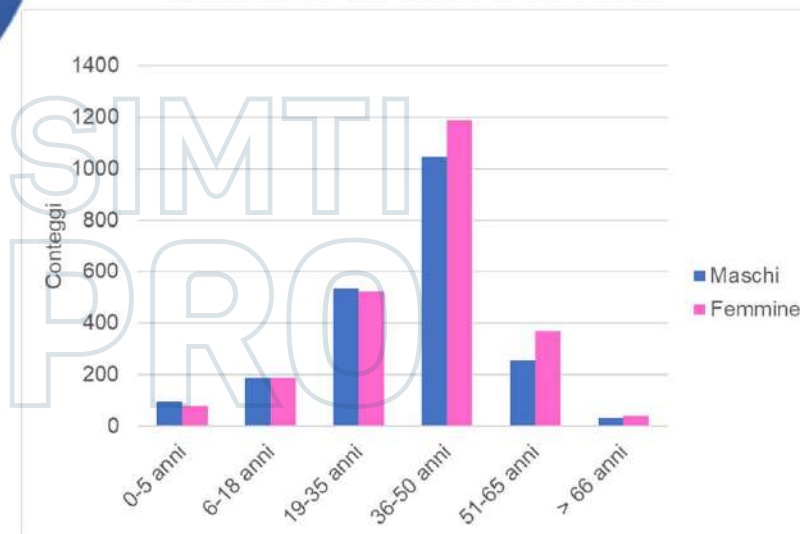
L'invecchiamento dei pazienti



Pazienti TDT



Distribuzione per fascia di età e sesso



ORIGINAL ARTICLE

Incidence of cancer and related deaths in hemoglobinopathies: A follow-up of 4631 patients between 1970 and 2021

Raffaella Origa MD¹  | Barbara Ganesin PhD² | Filomena Longo MD³ |
Rosario Di Maggio MD⁴ | Elena Cassinerio MD⁵ | Maria Rita Gamberini MD⁶ |
Valeria Maria Pinto MD⁷ | Antonella Quarta MD⁸ | Maddalena Casale MD⁹ |
Giorgio La Nasa MD¹⁰ | Giovanni Caocci MD¹⁰ | Antonio Piroddi MD¹¹ |
Andrea Piolatto MSc³ | Alessandra Di Mauro MD⁵ | Claudia Romano MD⁸ |
Antonia Gigante BA² | Susanna Barella MD¹² | Aurelio Maggio MD⁴ |
Giovanna Graziadei MD⁵ | Silverio Perrotta MD⁹ | Gian Luca Forni MD⁷

¹Università di Cagliari, SSD Talassemia, Ospedale Microcitemico 'A. Cao,' ASL8 Cagliari, Cagliari, Italy

Results: A total of 197 diagnoses of cancer were reported (incidence rate, 442 cases per 100,000 person-years). The liver was the most frequent site of tumors in both sexes, with a higher incidence (190 cases per 100,000 person-years) in comparison with the general population found in all types of hemoglobinopathies (except hemoglobin H disease). In recent years, tumors have become the second cause of death in patients with transfusion-dependent thalassemia. A lower risk of breast and prostate cancer was observed in the whole group of patients with hemoglobinopathies. The first cancer diagnoses dated back to the 1980s, and the incidence rate sharply increased after the 2000s. However, although the incidence rate of cancers of all sites but the liver continued to show an increasing trend, the incidence of HCC showed stability.

Eight Italian Centers Study

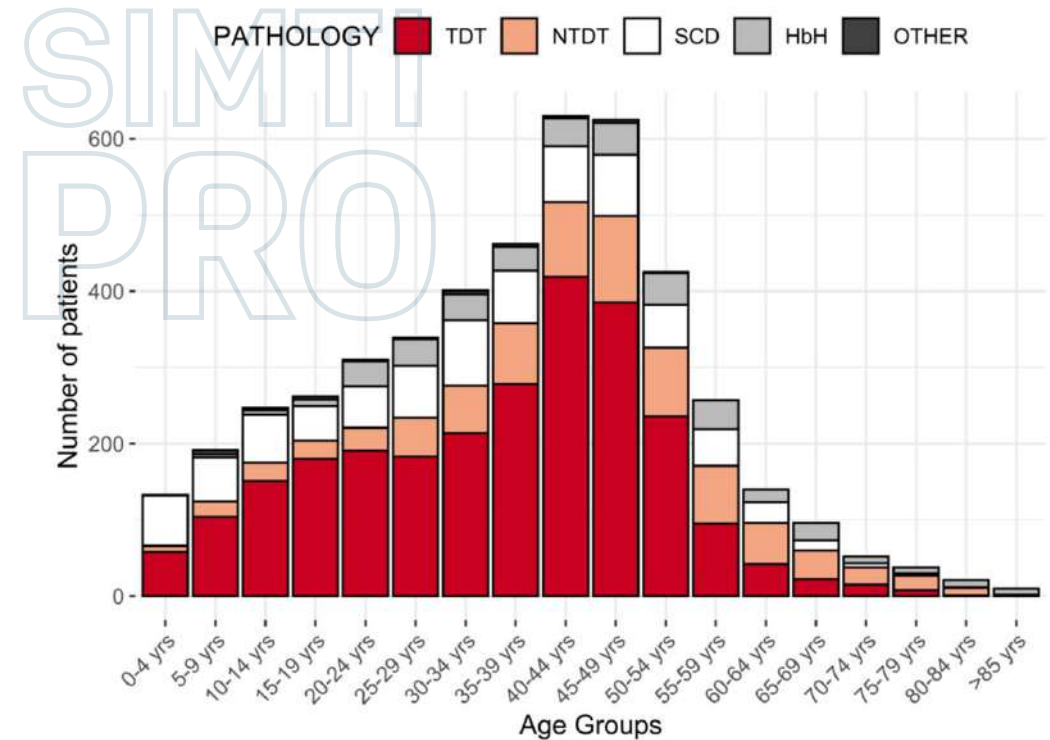
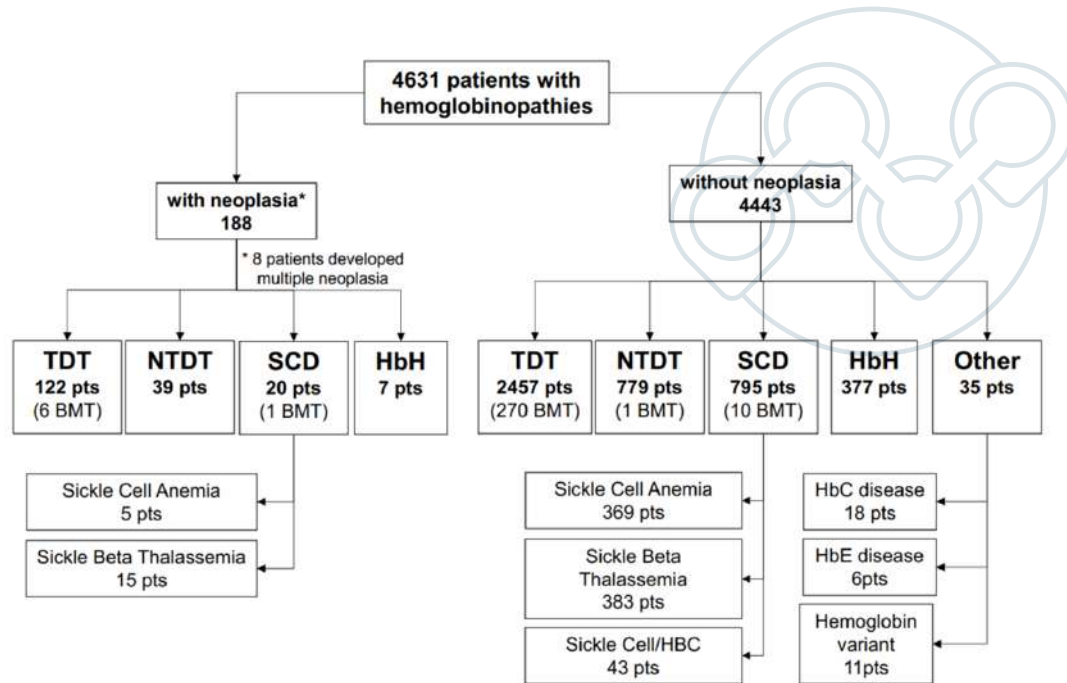
Raffaella Origa	Cagliari
Barbara Gianesin	Genova
Filomena Longo	Torino
Rosario Di Maggio	Palermo
Elena Cassinerio	Milano
Maria Rita Gamberini	Ferrara
Valeria Maria Pinto	Genova
Antonella Quarta	Brindisi
Maddalena Casale	Napoli
Giorgio La Nasa	Cagliari
Giovanni Caocci	Cagliari
Antonio Piroddi	Cagliari
Andrea Piolatto	Torino
Alessandra Di Mauro	Milano
Claudia Romano	Brindisi
Antonia Gigante	Genova
Susanna Barella	Cagliari
Aurelio Maggio	Palermo
Giovanna Graziadei	Milano
Silverio Perrotta	Napoli
Gian Luca Forni	Genova



Incidence of cancer and related deaths in hemoglobinopathies: A follow-up of 4631 patients between 1970 and 2021 - Cancer. 2022 Nov 2. doi: 10.1002/cncr.34509. Epub ahead of print. PMID: 36321594.

La popolazione in studio comprendeva 4.631 pazienti (48% maschi), seguiti tra il 1970 e il 2021, per un totale di 161.468 anni-persona di osservazione.

Il gruppo di pazienti più rappresentato nella coorte di studio era quello del TDT con 2.579 soggetti (55,6%),



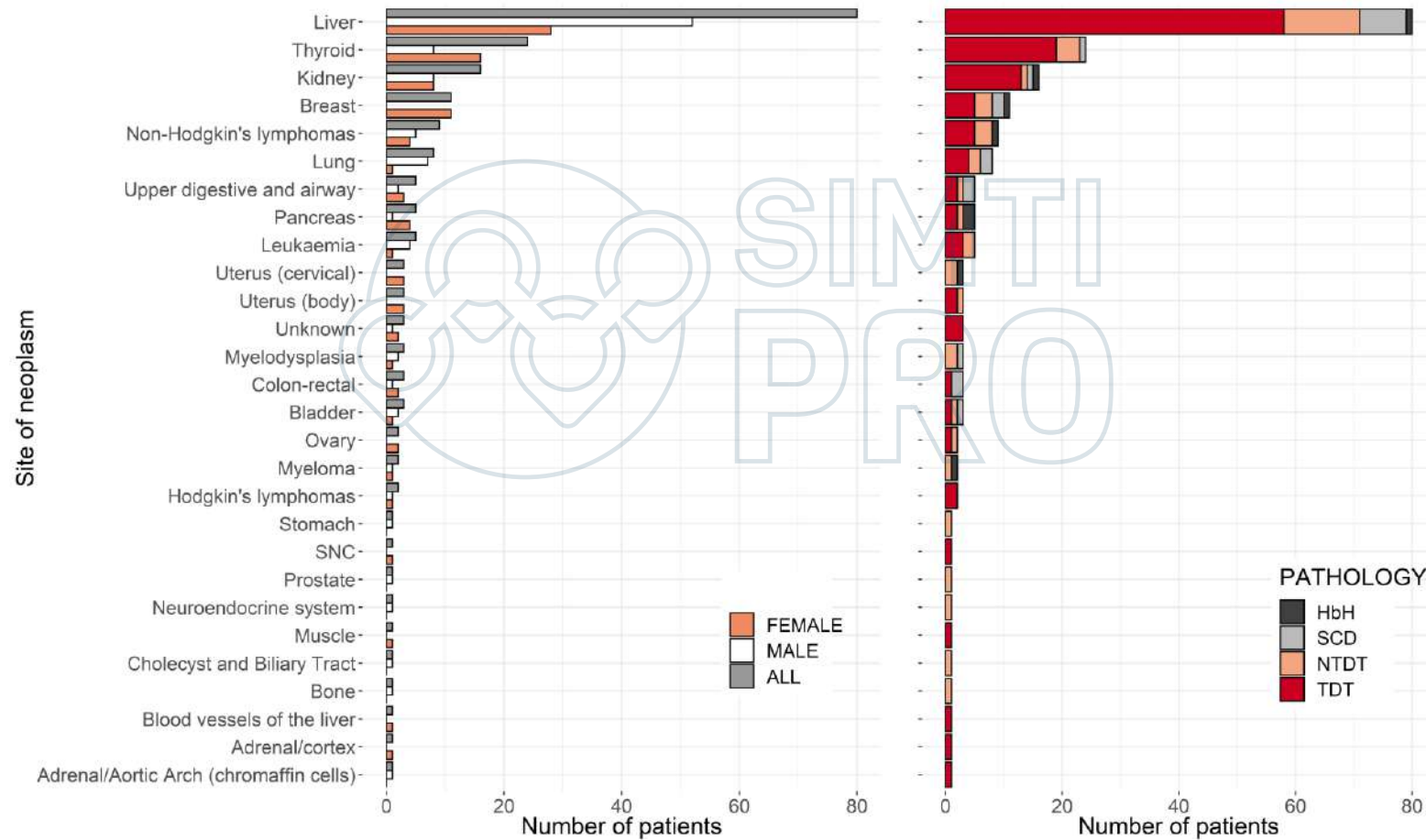
Incidence of cancer and related deaths in hemoglobinopathies: A follow-up of 4631 patients between 1970 and 2021 - Cancer. 2022 Nov 2. doi: 10.1002/cncr.34509. Epub ahead of print. PMID: 36321594.

Caratteristiche della popolazione in studio comprese le cause di morte.

Cause of death	All*	TDT	NTDT	SCD	HbH
N (% of males)	4631 (48%)	2579 (49%)	818 (47%)	815 (49%)	384 (42%)
Age at last follow-up	39.1;23.7;46.8	45.5;33.8;55.9	45.5;33.8;55.9	33.3;17.4;46.7	45.4;30.8;57.1
Number of BMT	288	276	1	11	
Pts with neoplasia	188	122	39	20	7
Pts with HCC	80	58	13	8	1
Alive at last follow-up	4040	2094	761	781	371
Dead at last follow-up	591	485	57	34	13
Causes of death					
- Heart failure	283	257	19	4	2
- Neoplasia	86	53	18	10	5
- Infection/Sepsis	74	61	9	3	
- BMT complications	31	31			
- Sudden death	15	15			
- Hepatic Failure/Cirrhosis	22	14	3	5	
- Accident	14	12	1	1	
- Other	49	34	4	11	
- Unknown	17	8	3		6
TDT: Transfusion-Dependent Beta Thalassemia; NTDT: Non-Transfusion-Dependent Beta Thalassemia; SCD: Sickle Cell Disease HbH: Hemoglobin H Disease; BMT: Bone Marrow Transplantation; HCC: Hepatocellular Carcinoma *Patients (pts) with hemoglobinopathy different from TDT/NTND/SCD/HbH are included					

Incidence of cancer and related deaths in hemoglobinopathies: A follow-up of 4631 patients between 1970 and 2021 - Cancer. 2022 Nov 2. doi: 10.1002/cncr.34509. Epub ahead of print. PMID: 36321594.

Mentre la distribuzione dei tumori era simile nei pazienti con TDT, β -NTDT e SCD, solo un caso di carcinoma epatocellulare è stato riportato in pazienti con malattia da HbH.



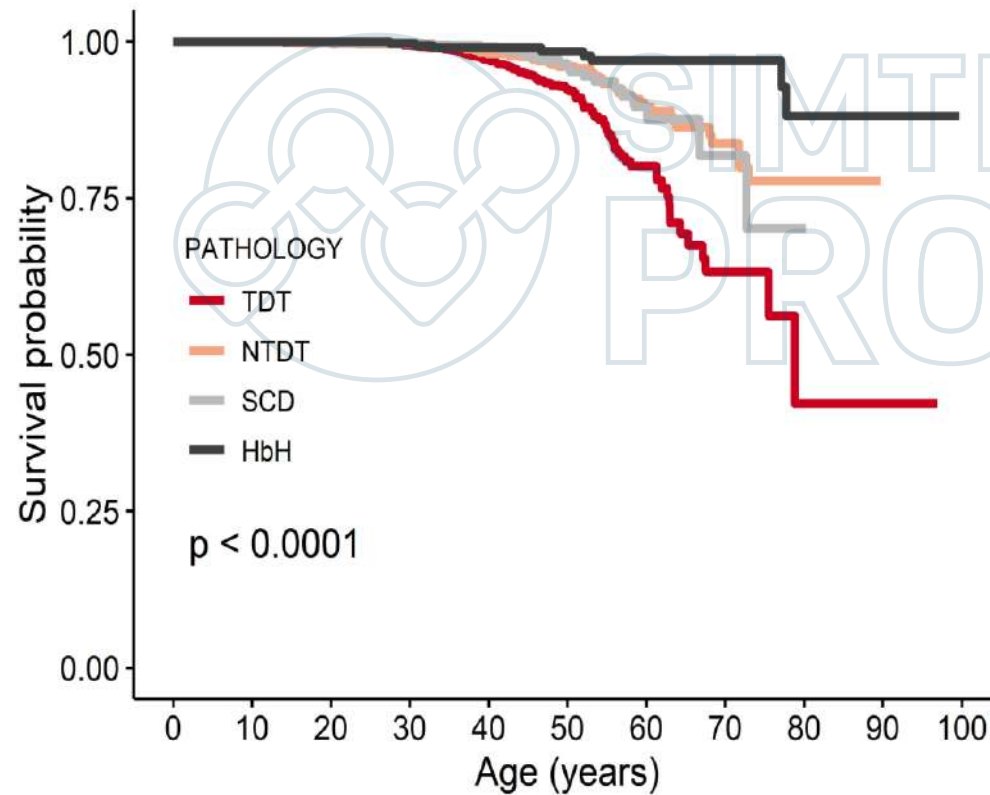
Incidence of cancer and related deaths in hemoglobinopathies: A follow-up of 4631 patients between 1970 and 2021 - Cancer. 2022 Nov 2. doi: 10.1002/cncr.34509. Epub ahead of print. PMID: 36321594.

Tassi di incidenza (rispetto alla popolazione generale)

- Non sono state riscontrate differenze significative nell'età della diagnosi di HCC stratificazione per genere [maschi 46,3 anni (42,1-53,7), femmine 51 anni (46,6-54,8)] e tipi di emoglobinopatia [TDT 47,5 anni (42,6-53,3), β - NTDT 51 anni (46,4-56), SCD 50 anni (42-57,3)].
- Il tasso di incidenza globale aggiustato per l'età del cancro nell'emoglobinopatia è stato stimato in 442 casi/100.000 anni persona (IC 95% 340-700) che non era statisticamente diverso da quello della popolazione generale italiana (632 casi/100.000 anni persona), considerando sia l'emoglobinopatia in totale che ogni sottogruppo di pazienti.
- I pazienti con TDT avevano il più alto tasso di incidenza di HCC e quindi la maggiore differenza con la popolazione generale (445 casi/100.000 anni-persona, IC 95% 132-826, $p < 0,001$), seguiti dai pazienti con β -NTDT (102 casi/100.000 persone- anni, 95% CI 39.198, $p < 0.001$).

Incidence of cancer and related deaths in hemoglobinopathies: A follow-up of 4631 patients between 1970 and 2021 - Cancer. 2022 Nov 2. doi: 10.1002/cncr.34509. Epub ahead of print. PMID: 36321594.

La probabilità di sviluppare una neoplasia è significativamente più alta ($p < 0,001$) nei soggetti con TDT



Incidence of cancer and related deaths in hemoglobinopathies: A follow-up of 4631 patients between 1970 and 2021 - Cancer. 2022 Nov 2. doi: 10.1002/cncr.34509. Epub ahead of print. PMID: 36321594.

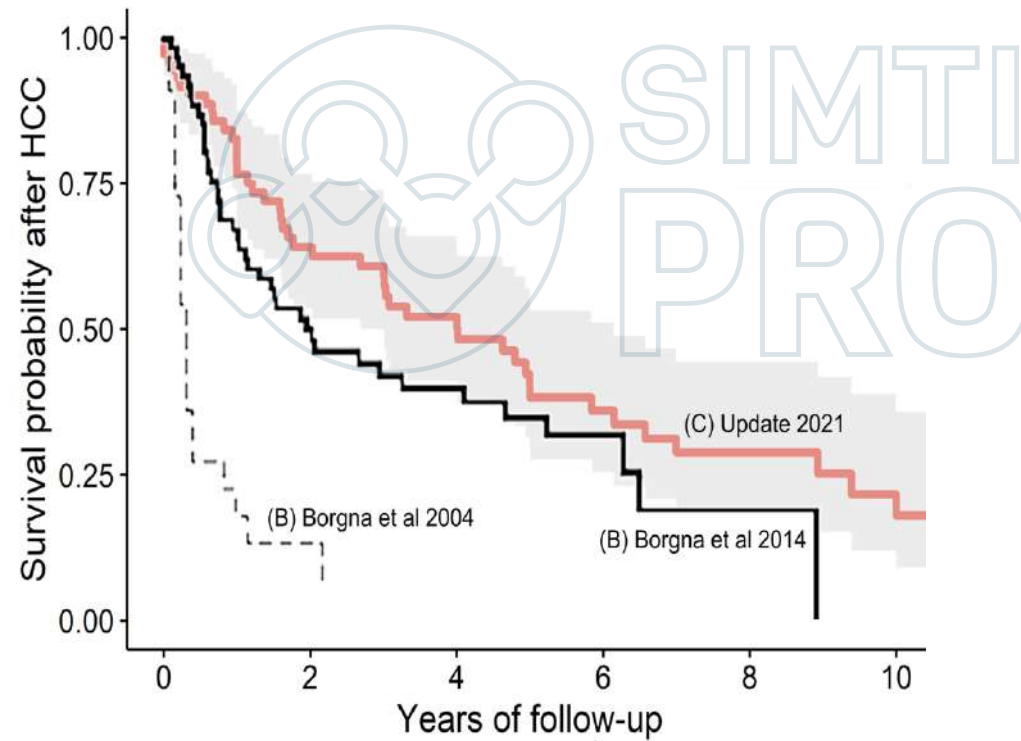
TABLE 2 Characteristics of HCV RNA–negative patients previously treated with antivirals who achieved a sustained virological response and developed HCC

Patient	Gender	Diagnosis	Age at HCC, years	Cirrhosis	Therapy type	HCC after therapy, years	Last ferritin (peak) (ng/ml) before HCC	Last LIC (peak) (mg/g dw) before HCC
1	Female	TDT	50	Yes	DAA	4	653 (773)	4.1 (5)
2	Male	TDT	46	Yes	DAA	4	290 (9100)	5.5 (23.3)
3	Male	TDT	40	Yes	DAA	1	81 (2250)	1.2 (5.5)
4	Male	SCD	43	Yes	DAA	2	727 (2710)	11.89 (11.89)
5	Female	TDT	55	No	DAA	5	351 (3998)	2.4 (6.6)
6	Female	TDT	47	No	IFN + RIBA	3	241 (1850)	2 (3.89)
7	Male	TDT	53	Yes	DAA	5	543 (NA)	3.88 (–)
8	Female	TDT	51	Yes	IFN + RIBA	4	929 (1632)	9.5 (–)
9	Male	TDT	39	–	IFN	6	– (–)	– (–)
10	Male	TDT	39	Yes	DAA	1	395 (3890)	2.9
11	Female	SCD	57	Yes	DAA	4	272 (–)	– (–)
12	Male	SCD	32	No	NA	>3	5686 (7147)	10.4 (20.5)
13	Male	TDT	52	Yes	DAA	2	854 (2098)	5.53 (5.53)
14	Male	TDT	44	Yes	IFN + RIBA	3	483 (2384)	7.44 (18.22)
15	Male	TDT	46	Yes	IFN	18	788 (4851)	6.96 (6.96)
16	Male	TDT	46	Yes	IFN + RIBA	3	357 (9200)	5.28 (21.4)
17	Male	TDT	43	No	DAA	1	204 (–)	1.4 (10.37)
18	Female	TDT	37	Yes	DAA	2	225 (5000)	2.04 (13.2)
19	Female	TDT	51	No	IFN + RIBA	8	643 (1631)	2.73 (13.86)

Abbreviations: DAA, direct antiviral agent; HCC, hepatocellular carcinoma; HCV, hepatitis C virus; IFN, interferon; LIC, liver iron concentration; NA, not available; RIBA, ribavirin; SCD, sickle cell disease; TDT, transfusion-dependent β -thalassaemia.

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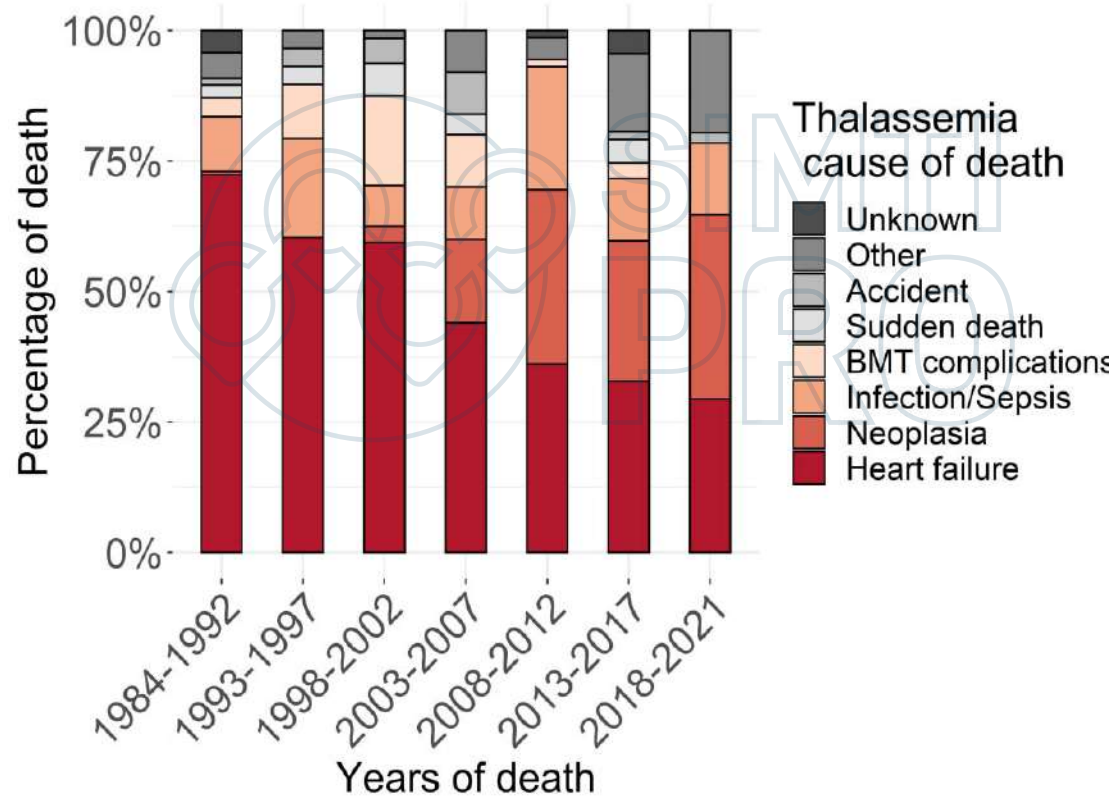
Sopravvivenza dopo la diagnosi di HCC: confront con le coorti riportate nei lavori di Borgna et al. (2004) and Borgna et al. (2014)



Incidence of cancer and related deaths in hemoglobinopathies: A follow-up of 4631 patients between 1970 and 2021 - Cancer. 2022 Nov 2. doi: 10.1002/cncr.34509. Epub ahead of print. PMID: 36321594.

Causa di morte in talassemia.

Distribuzione delle cause di morte per periodi di 5 anni nei pazienti con TDT e β -NTDT.



Incidence of cancer and related deaths in hemoglobinopathies: A follow-up of 4631 patients between 1970 and 2021 - Cancer. 2022 Nov 2. doi: 10.1002/cncr.34509. Epub ahead of print. PMID: 36321594.

La probabilità di sviluppare qualsiasi tipo di neoplasia o carcinoma epatocellulare era significativamente più alta ($p < 0,001$) nei soggetti con TDT).

Inoltre, il sesso maschile, la positività dell'anticorpo anti-HCV e il rilevamento dell'HCVRNA sono emersi come fattori di rischio significativi per l'HCC dall'analisi univariata. Tutti, esclusa la positività anti-HCV, sono stati confermati come significativi dall'analisi multivariata

Supporting Table S3 Univariate and multivariate Cox-regression analysis for survival to the event HCC in Italian patients with hemoglobinopathies.

<i>Variabile</i>	Cox regression model Univariate analysis			Cox regression model Multivariate analysis		
	<i>HR</i>	<i>95% CI</i>	<i>p-value</i>	<i>HR</i>	<i>95% CI</i>	<i>p-value</i>
Pathology: SCD vs NTDT	1,39	(0.57, 3.36)	p=0.5	1,98	0.75, 5.22	0,2
Pathology: : TDT vs NTDT	3,67	(1.98, 6.79)	p<0,001	2.47	1.17, 5.25	0.018
Gender: males vs female	2,34	(1.47, 3.74)	p<0,001	2.79	1.64, 4.72	<0,001
BMT: YES vs NO	1.71	0.41, 7.03	p=0.5	0,7	0.17, 2.96	0,6
Anti HCV POS vs NEG	6,36	3.46, 11.7	p<0,001	2.27	1.04, 4,96	0.040
HCV-RNA: POS vs NEG	9,12	5.60, 14.8	p<0,001	5.97	3.45, 10.4	p<0,001

HR: hazard ratio; TDT: transfusion dependent thalassemia; NTDT: transfusion dependent thalassemia; SCD: Sickle Cell Disease; BMT: bone marrow transplantation

Agenda

L'invecchiamento dei pazienti



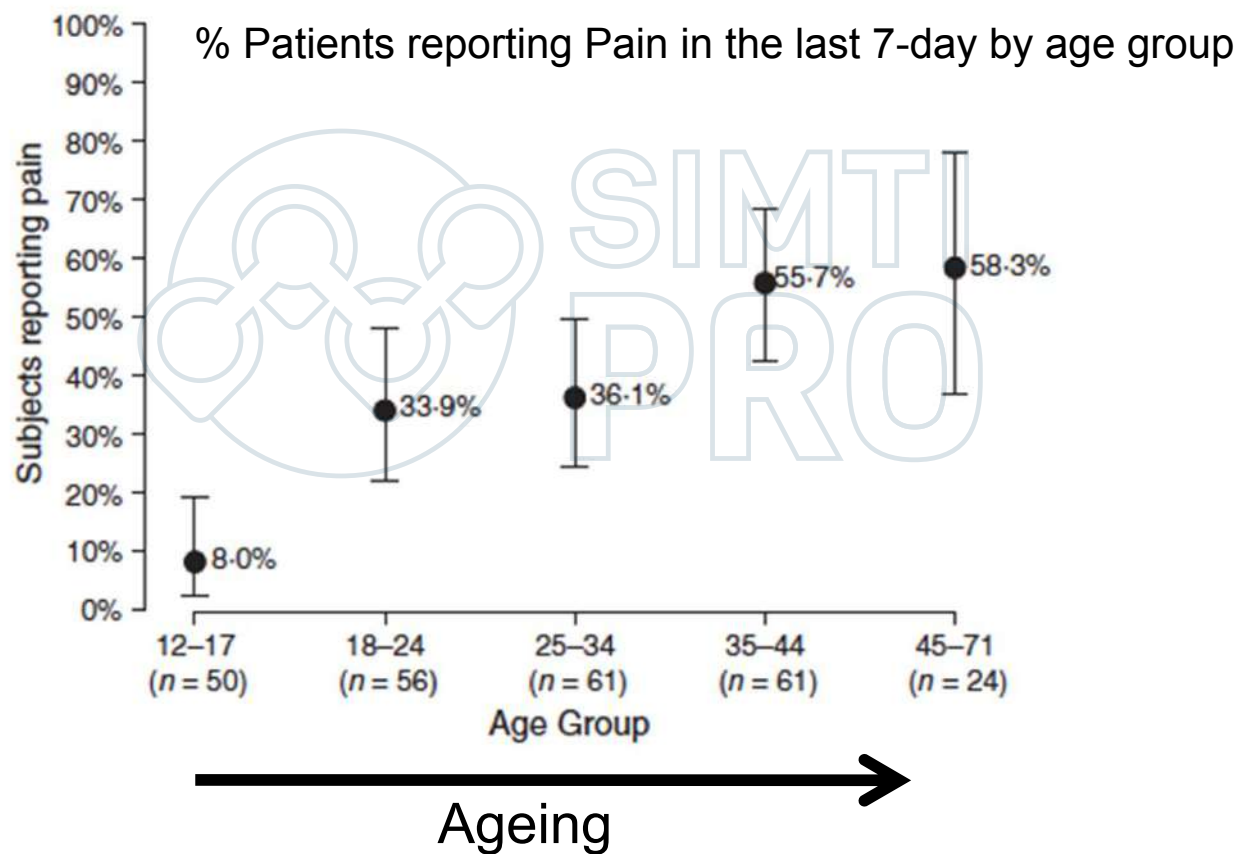
***SITE UNITED ISTUD: Il valore per la persona con Beta
Talassemia Major, 2015 –
Le testimonianze***

"per i dolori alle caviglie e per l'artrosi ho dovuto rinunciare ad andare ai concerti, ora sto spesso a casa, se devo uscire valuto con chi e dove, altrimenti non posso"

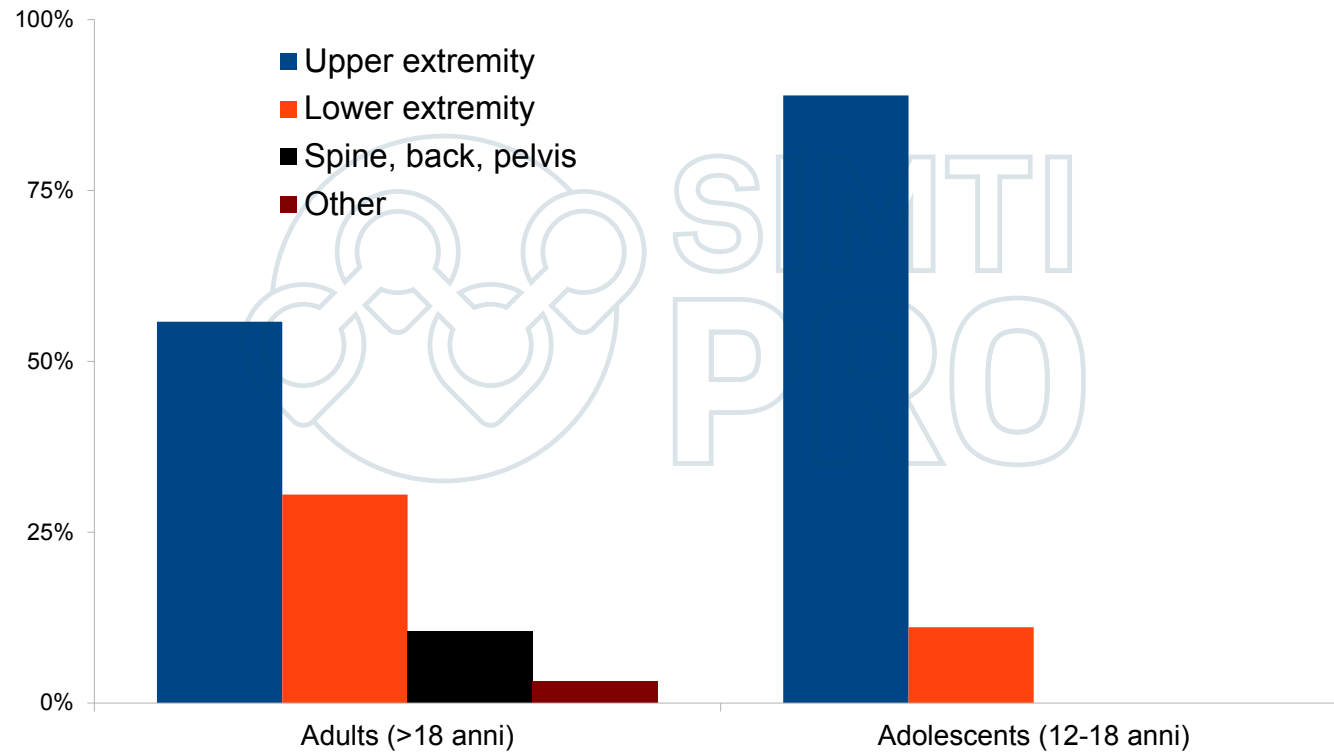
"dopo i 30 anni i dolori articolari e soprattutto alla schiena sono diventati abbastanza invalidanti"

"l'insorgenza dei problemi di deambulazione (per osteoporosi, fratture, artropatia, dismetria degli arti inferiori) mi ha portato a chiudere l'attività nel 2011".

The Burden of Musculoskeletal in the Ageing Thalassemic: Pain

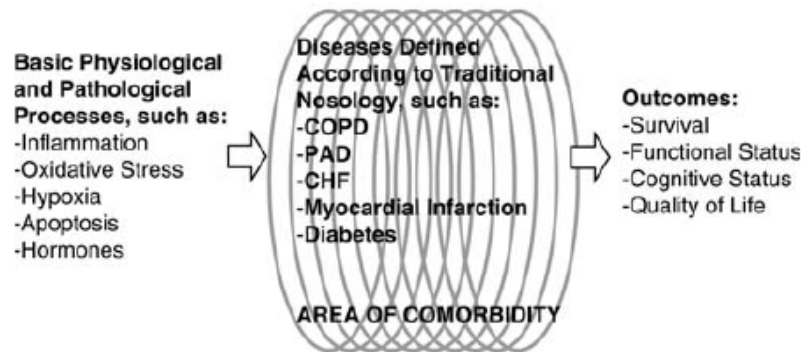
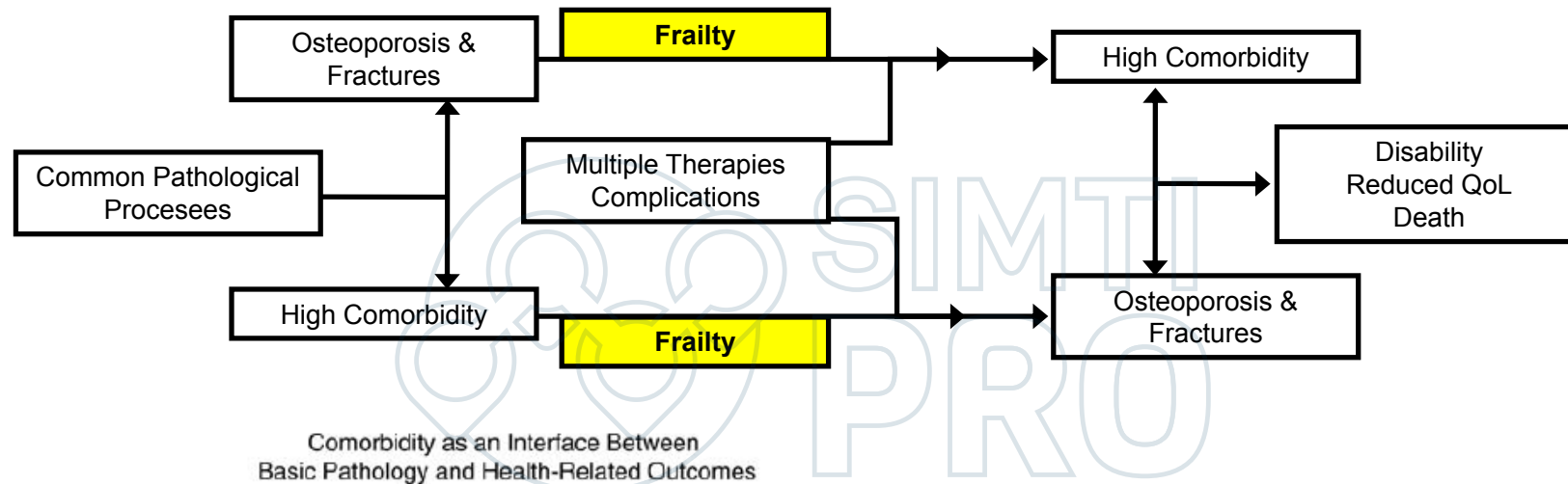


The Burden of Musculoskeletal in the Ageing Thalassemic: Fractures

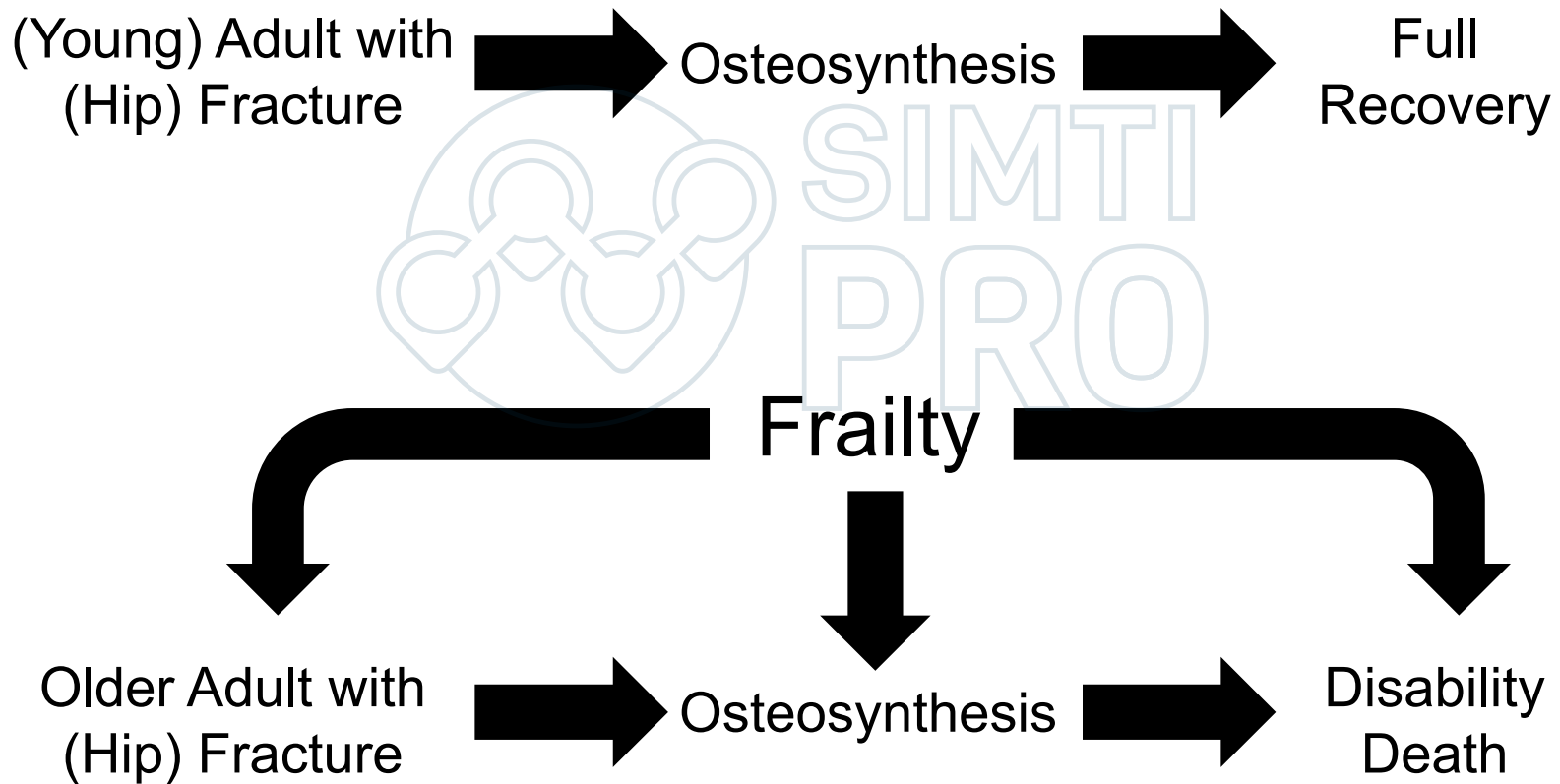


Aging

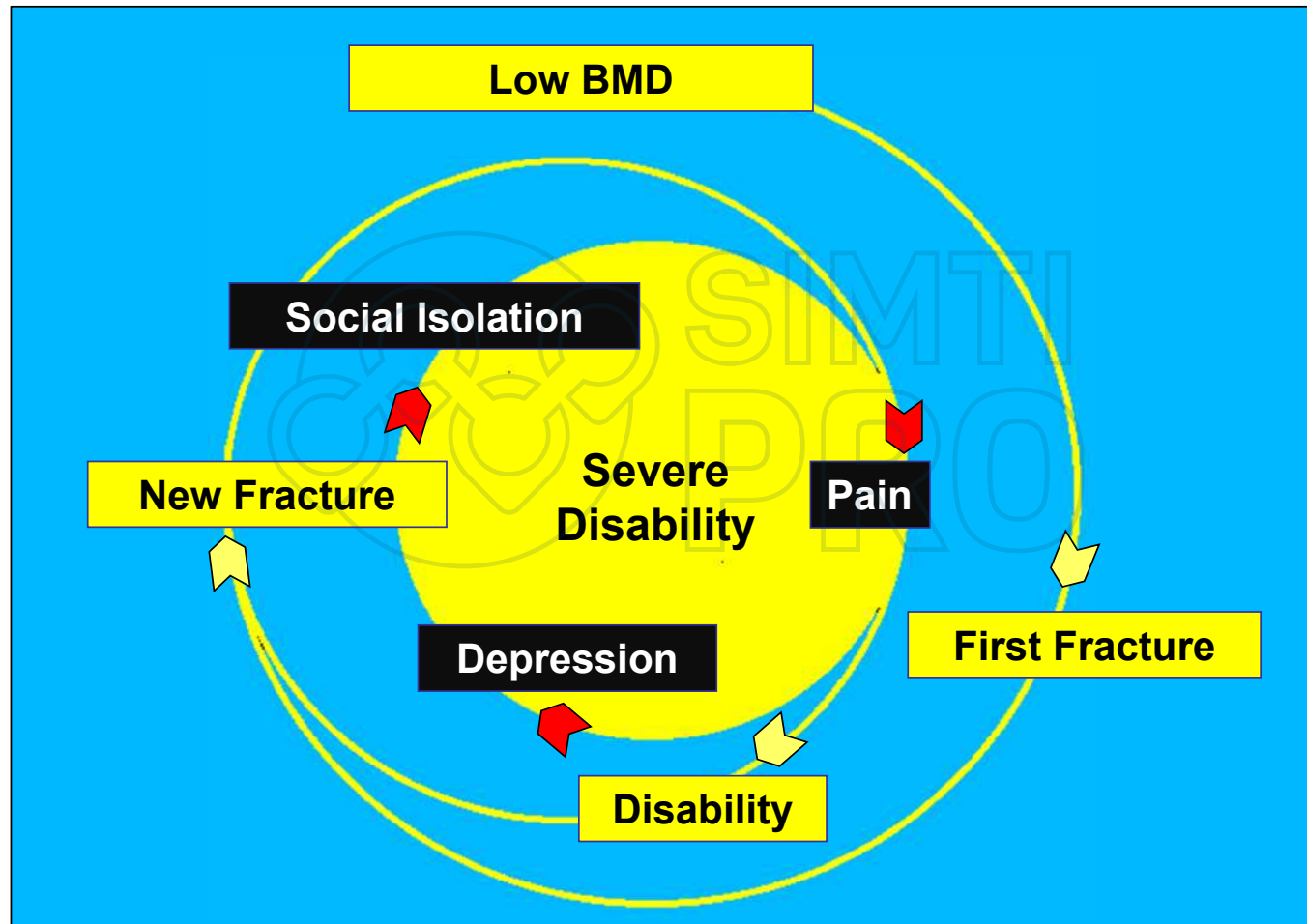
Interactions Between Frailty, Comorbidity & Fractures



The Fracture “Pathway”: Adult versus Older Adults



Osteoporotic Fractures: A Vicious Circle

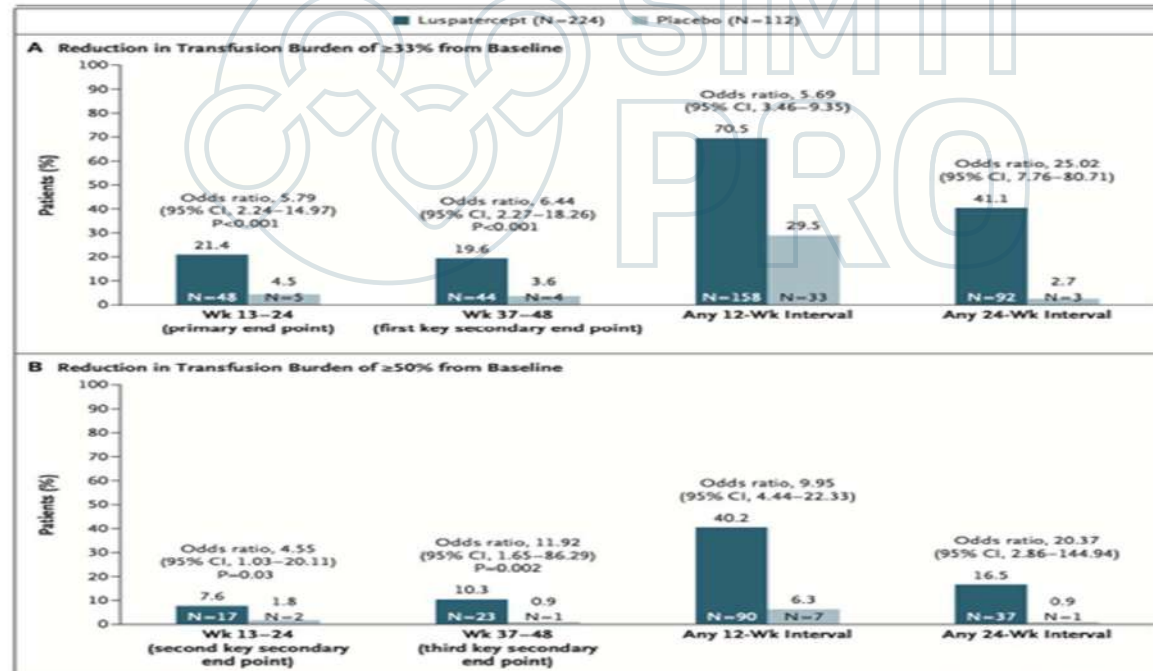


ORIGINAL ARTICLE

A Phase 3 Trial of Luspatercept in Patients with Transfusion-Dependent β -Thalassemia

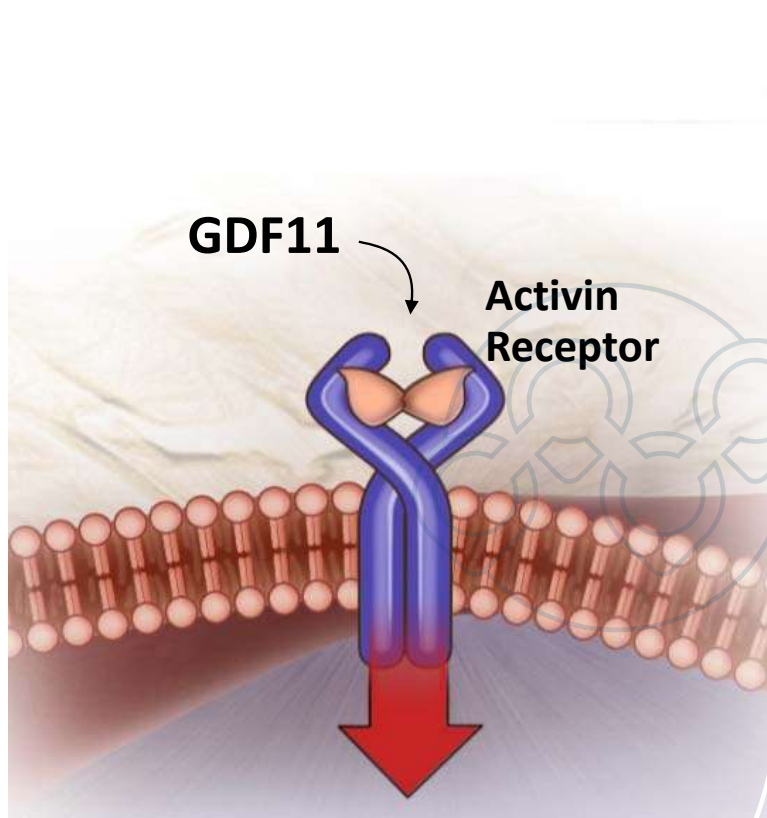
M.D. Cappellini, V. Viprakasit, A.T. Taher, P. Georgiev, K.H.M. Kuo, T. Coates, E. Voskaridou, H.-K. Liew, I. Pazgal-Kobrowski, G.L. Forni, S. Perrotta, A. Khelif, A. Lal, A. Kattamis, E. Vlachaki, R. Origa, Y. Aydinok, M. Bejaoui, P.J. Ho, L.-P. Chew, P.-C. Bee, S.-M. Lim, M.-Y. Lu, A. Tantiworawit, P. Ganeva, L. Gercheva, F. Shah, E.J. Neufeld, A. Thompson, A. Laadem, J.K. Shetty, J. Zou, J. Zhang, D. Miteva, T. Zinger, P.G. Linde, M.L. Sherman, O. Hermine, J. Porter, and A. Piga, for the BELIEVE Investigators*

N ENGL J MED 382:13 NEJM.ORG MARCH 26, 2020

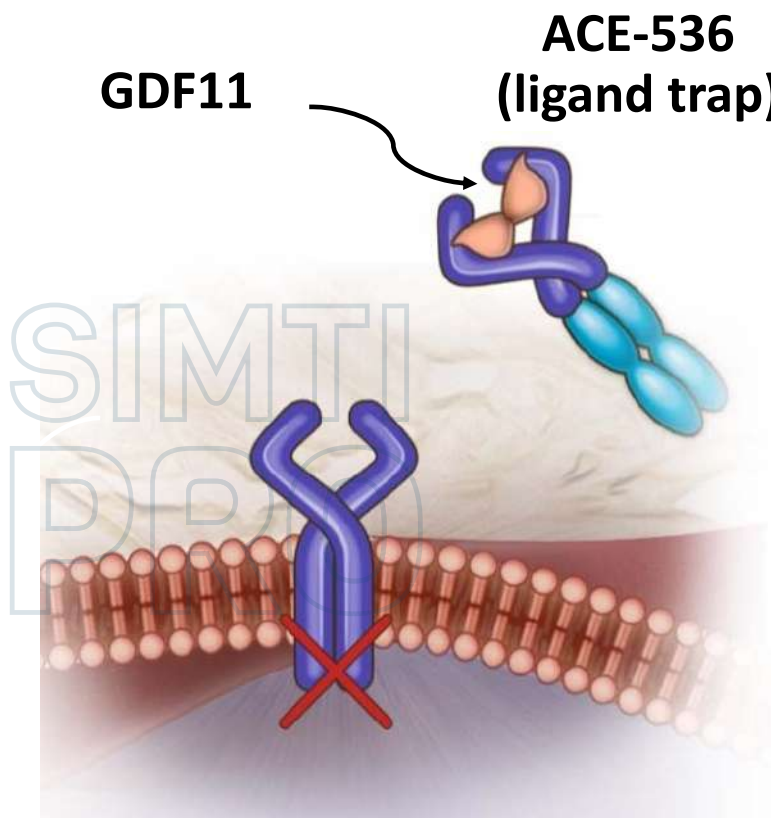


Luspatercept approval

Luspatercept has been approved by the US Food and Drug Administration (FDA) in 2019 and by the European Medicines Agency (EMA) in 2020 and by the AIFA in 2021 to treat anemia in adult patients with beta-thalassemia who require regular red blood cell transfusions



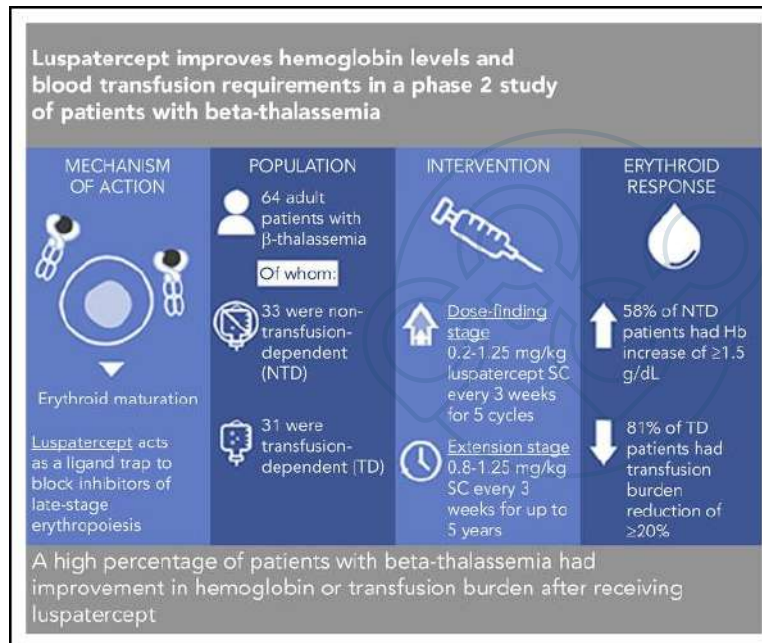
**Smad 2,3 signaling
inhibits RBC Maturation**



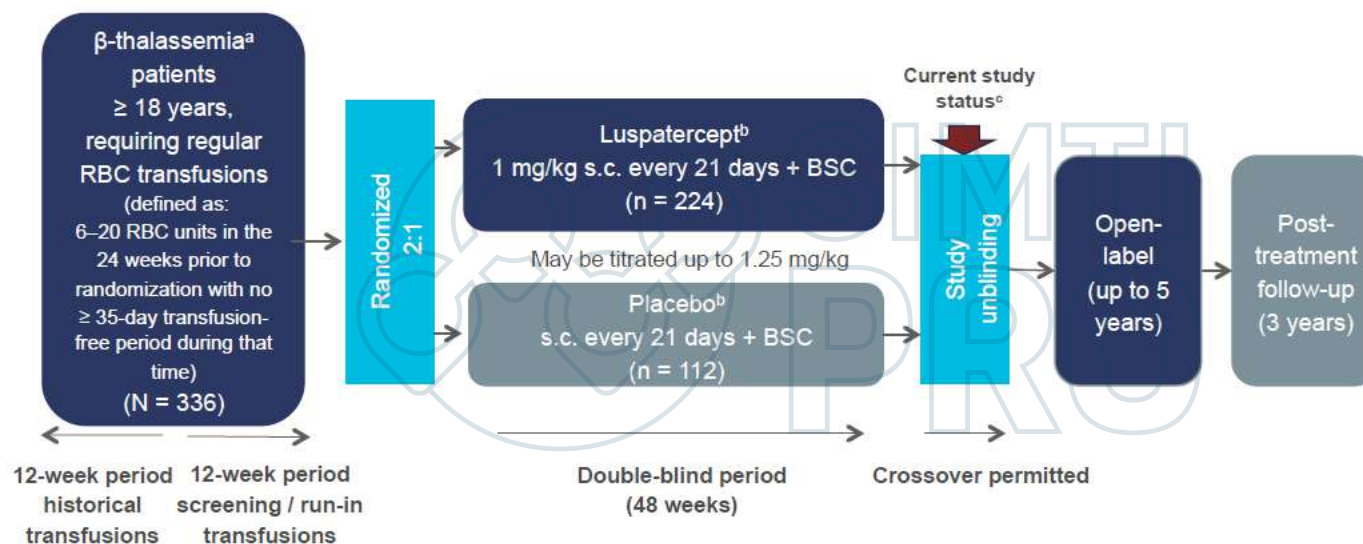
**Reduced Smad 2,3 signaling -
promotes RBC Maturation**

Il Luspatercept nel trattamento della talassemia

Luspatercept: key findings from the phase 2 trial



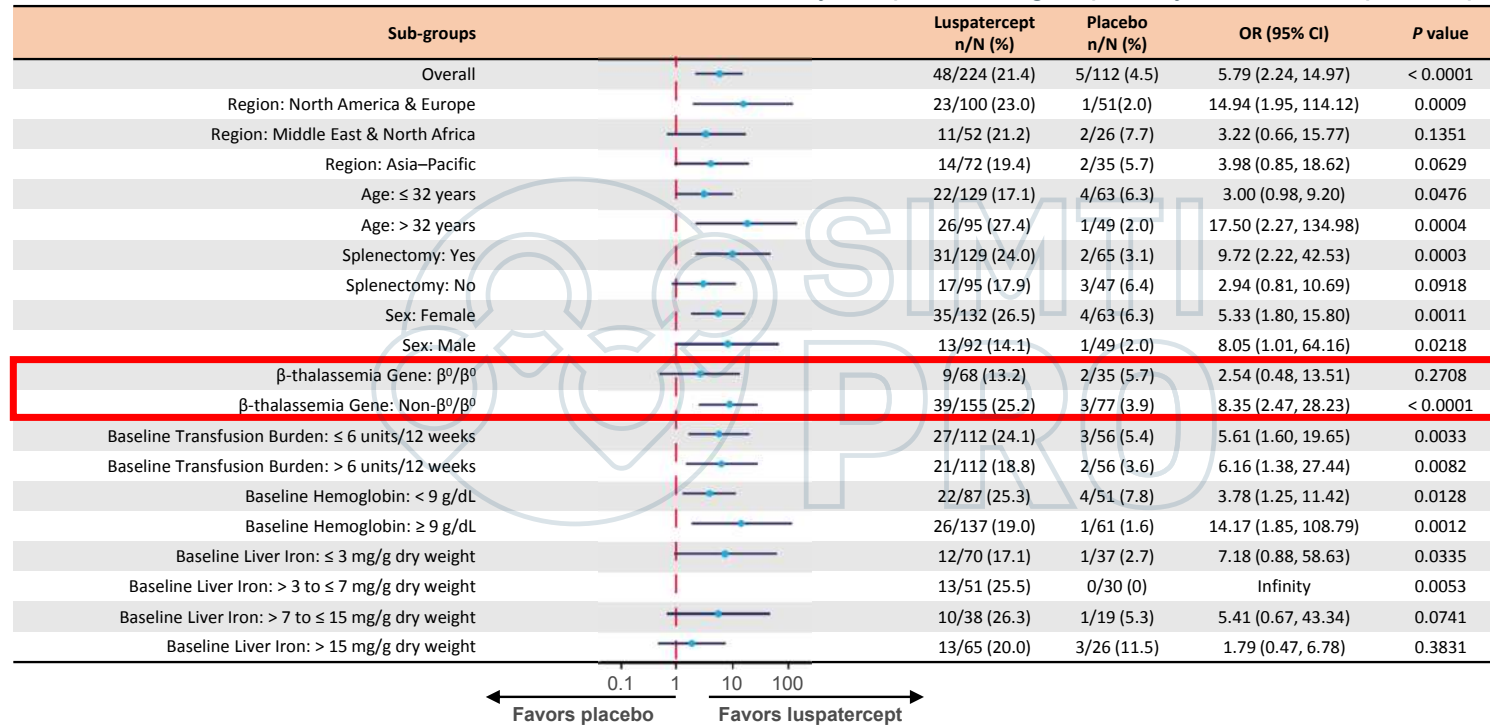
BELIEVE: a randomized, double-blind, placebo-controlled, phase 3 study of luspatercept in adults with TDT



^a β-thalassemia or hemoglobin E / β-thalassemia (β-thalassemia with mutation and / or multiplication of α-globin was allowed). ^b RBC transfusions and iron chelation therapy to maintain each patient's baseline hemoglobin level. ^c The trial is fully enrolled and patients continue to receive treatment or follow-up. BSC, best supportive care; RBC, red blood cell; s.c., subcutaneously.

BELIEVE Trial

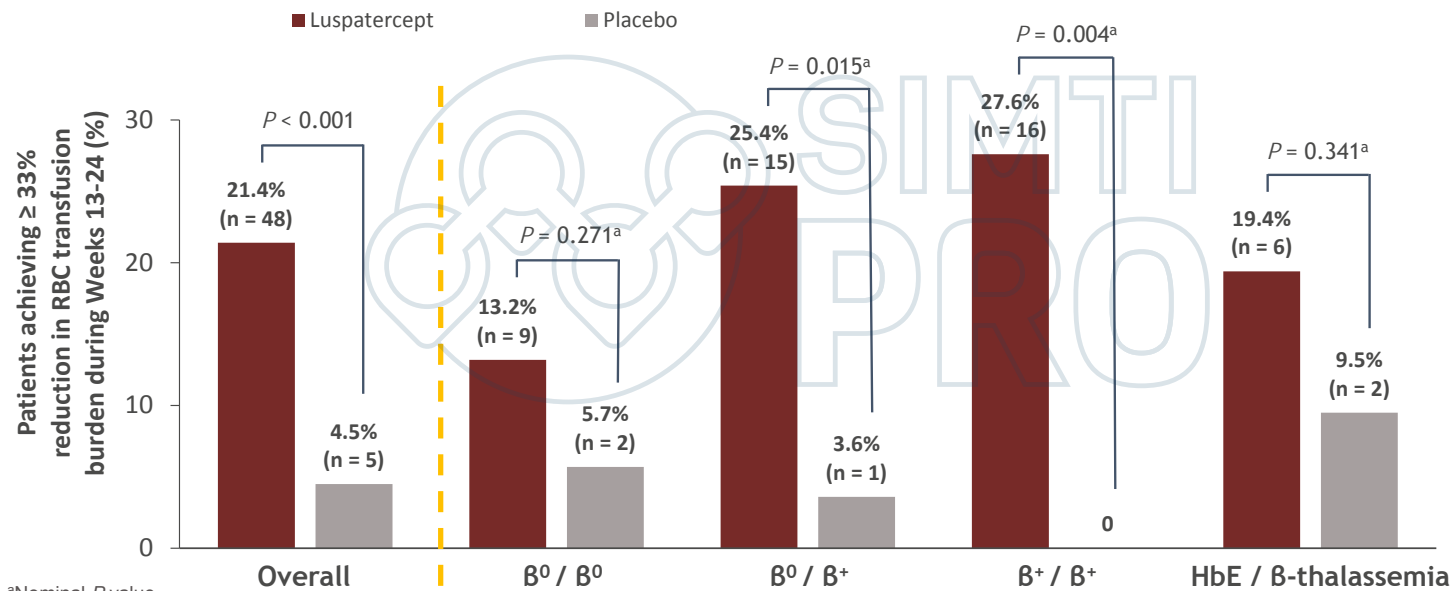
Primary endpoint: Subgroup analysis favors luspatercept



The BELIEVE Trial studied adult patients.

Achievement of $\geq 33\%$ reduction in RBC transfusion burden during Weeks 13-24 (according to genotype)

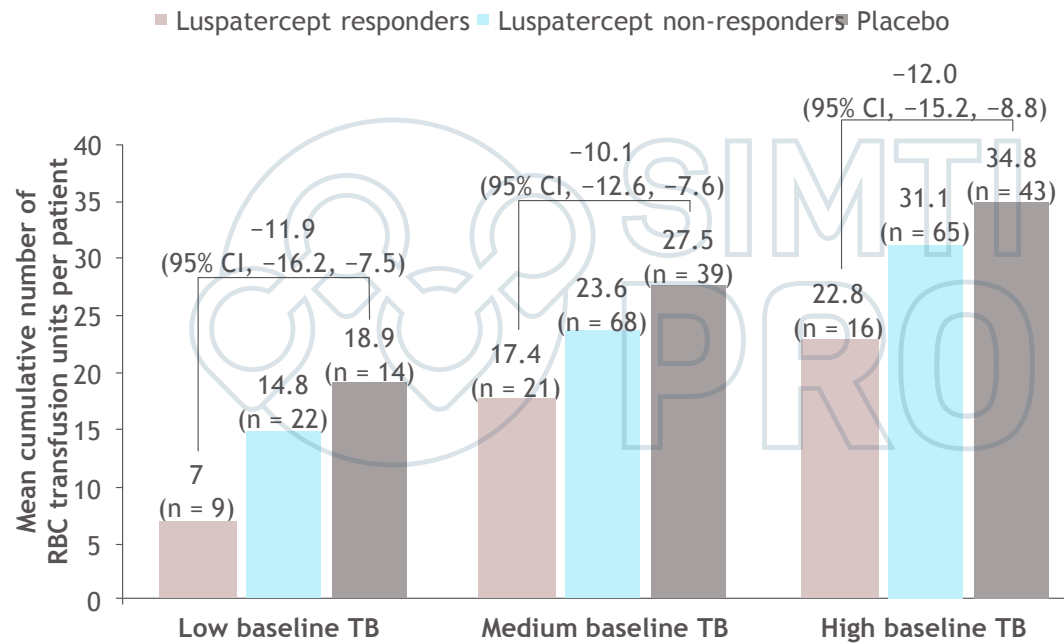
A greater proportion of luspatercept-treated patients achieved $\geq 33\%$ reduction from baseline in RBC transfusion burden during Weeks 13-24 versus placebo, regardless of β -globin genotype



^aNominal P value.
Data cutoff: May 11, 2018.

BELIEVE trial

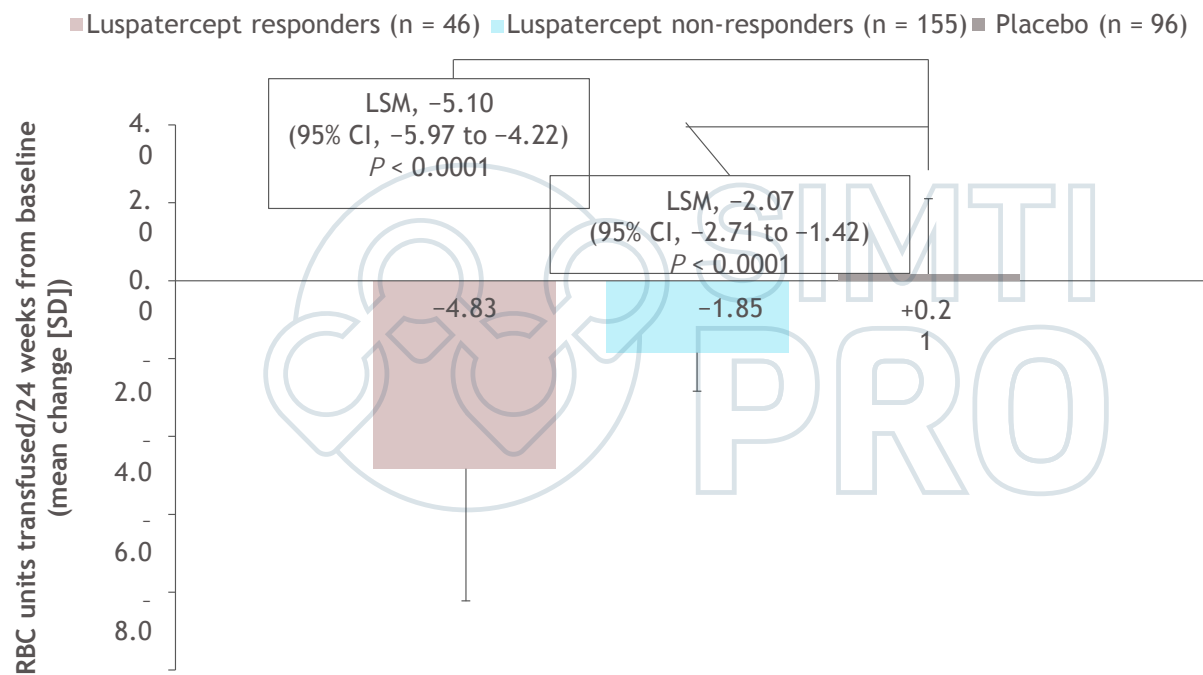
Mean cumulative number of RBC transfusion units by level of baseline TB through week 48



Baseline low, medium, and high TB were defined as receipt of ≤ 10 , > 10 to ≤ 15 , and > 15 RBC units/24 weeks, respectively.

BELIEVE

Mean change in RBC units transfused during weeks 25–48

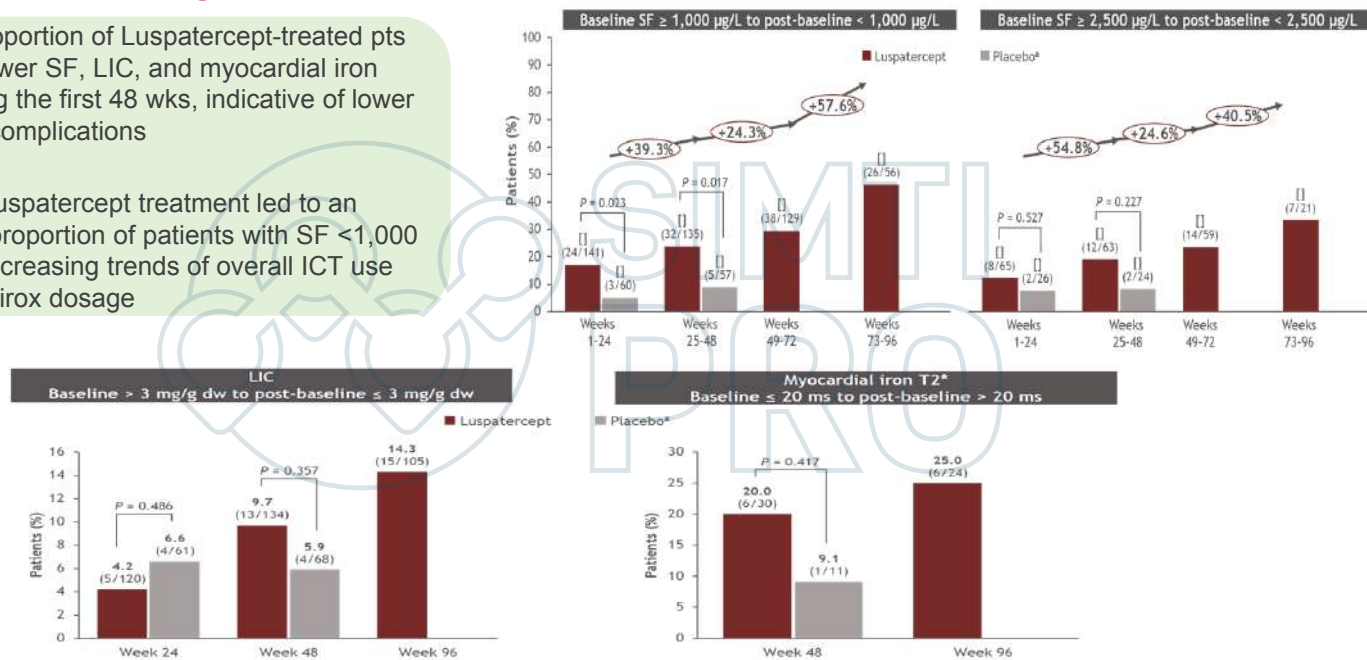


LSM is luspatercept - placebo. Estimates are based on ANCOVA model with geographic regions defined at randomization and baseline TB as covariates. SD, standard deviation.

BELIEVE

Longitudinal effect of luspatercept on iron overload and iron chelation therapy

- A higher proportion of Luspatercept-treated pts shifted to lower SF, LIC, and myocardial iron levels during the first 48 wks, indicative of lower risk of IOL complications
- Long-term luspatercept treatment led to an increasing proportion of patients with SF <1,000 µg/L and decreasing trends of overall ICT use and deferasirox dosage



P values are estimated from Cochran–Mantel–Haenszel test. Patients with LIC ≥ 3 mg/g dw are considered to have iron overload. Myocardial iron T2* < 20 ms indicates increased cardiac risk. ^aPlacebo patients evaluated up to Week 48.

Hermine O et al. Blood 2021;136:Presentation 1697.

BELIEVE Trial

Safety Summary

Treatment-Emergent Adverse Events, n (%)	Luspatercept (n = 223 ^a)	Placebo (n = 109 ^a)
Patients with at least 1 TEAE (any grade)	214 (96.0)	101 (92.7)
Patients with at least 1 grade TEAE (grade ≥ 3) ^b	65 (29.1)	17 (15.6)
Patients with at least 1 serious TEAE ^c	34 (15.2)	6 (5.5)
Patients with at least 1 TEAE resulting in the following:		
Death ^d	0	1 (0.9)
Study drug discontinuation	12 (5.4)	1 (0.9)

^a Safety population. ^b No one organ class or system was predominant. ^c Anemia was the only serious TEAE occurring in > 1% of patients in either arm (luspatercept, n = 3 [1.4%]; placebo, n = 0 [0%]). ^d TEAE of acute cholecystitis resulted in death in 1 of 109 (0.9%) placebo patients; no luspatercept-treated patients died due to TEAEs. TEAE, treatment-emergent adverse event.
The BELIEVE Trial studied adult patients.

BELIEVE Trial

TEAEs by frequency $\geq 10\%$ in Either Arm (all grades)

n (%)	Luspatercept (n = 223 ^a)	Placebo (n = 109 ^a)
Back pain	61 (27.4)	32 (29.4)
Upper respiratory tract infection	59 (26.5)	36 (33.0)
Headache	58 (26.0)	26 (23.9)
Bone pain	44 (19.7)	9 (8.3)
Arthralgia	43 (19.3)	13 (11.9)
Pyrexia	36 (16.1)	23 (21.1)
Cough	32 (14.3)	12 (11.0)
Fatigue	30 (13.5)	14 (12.8)
Oropharyngeal pain	28 (12.6)	12 (11.0)
Diarrhea	27 (12.1)	11 (10.1)
Dizziness	25 (11.2)	5 (4.6)
Asthenia	22 (9.9)	11 (10.1)
Myalgia	22 (9.9)	11 (10.1)
Pharyngitis	20 (9.0)	13 (11.9)

^a Early discontinuation.

The BELIEVE Trial studied adult patients.

BELIEVE Trial

Grade 3–4 TEAEs by frequency ≥ 1% in Either Arm

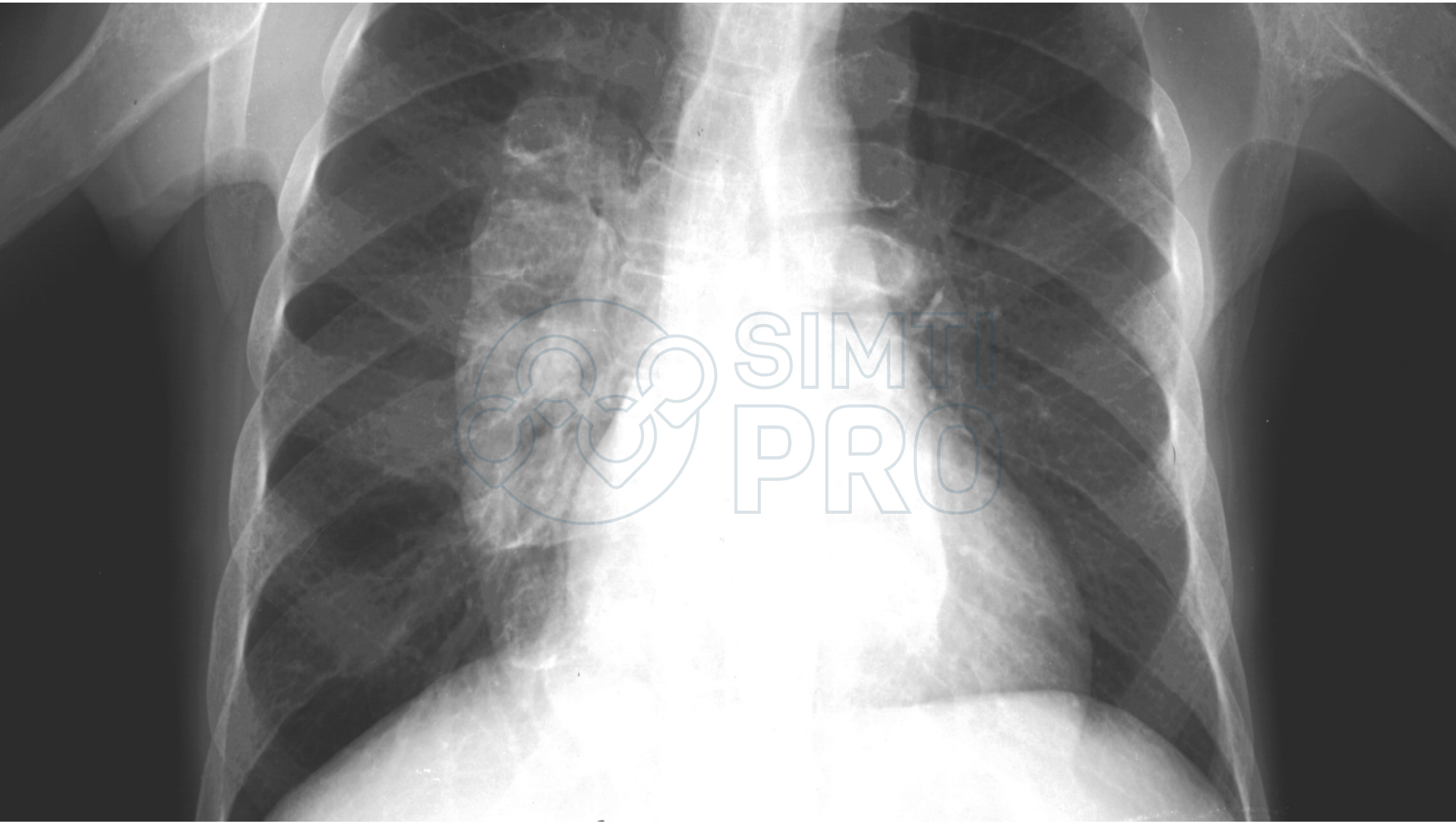
n (%)	Luspatercept (n = 223 ^a)	Placebo (n = 109 ^a)
Anemia	7 (3.1)	0
Increased LIC	6 (2.7)	1 (0.9)
Hyperuricemia	6 (2.7)	0
Hypertension	4 (1.8)	0
Syncope	4 (1.8)	0
Back pain	3 (1.3)	1 (0.9)
Bone pain	3 (1.3)	0
Blood uric acid increased	3 (1.3)	0
Increased AST	3 (1.3)	0
Increased ALT	2 (0.9)	3 (2.8)
Thromboembolic events ^b	2 (0.9)	0

In total, thromboembolic events (all grades) were reported in **8/223 (3.6%)** luspatercept-treated patients (deep venous thrombosis, pulmonary embolism, portal vein thrombosis, ischemic stroke, thrombophlebitis, superficial phlebitis) and 1/109 (0.9%) placebo-treated patients (phlebitis). In all cases, patients had multiple risk factors for thromboembolic events

^a Safety population. ^b Thromboembolic events included as a TEAE of interest; other events occurring in < 1% of patients are not shown.

ALT, alanine aminotransferase; AST, aspartate aminotransferase.

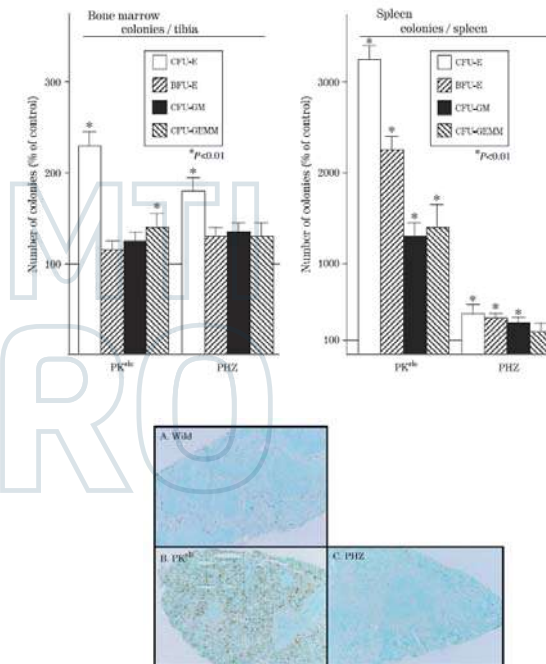
The BELIEVE Trial studied adult patients.

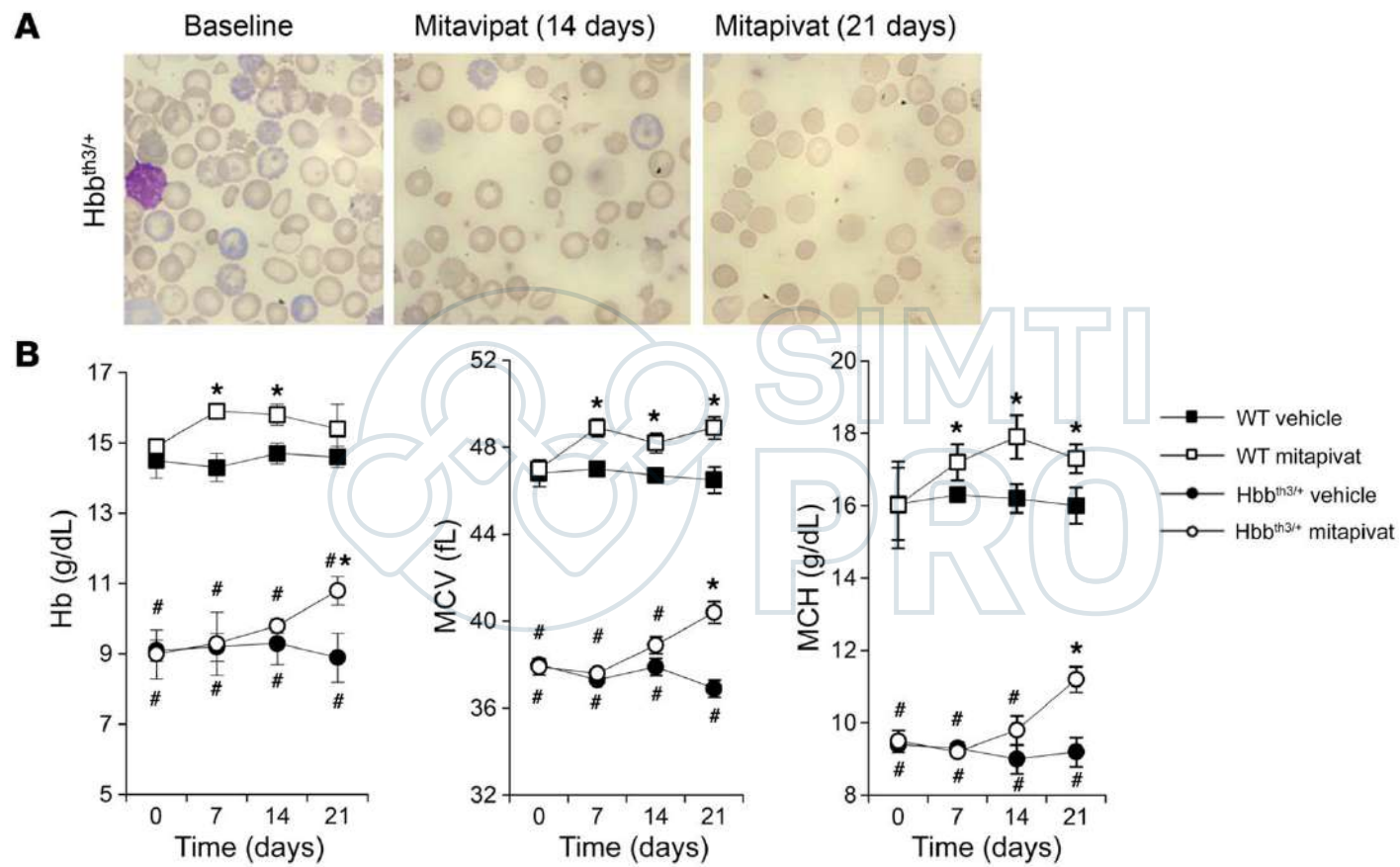


 SIMTI
PRO

Mitapivat (PK activator)

- Metabolic disturbance in PK deficiency alters not only the survival of RBCs but also the maturation of erythroid progenitors, resulting in ineffective erythropoiesis. ATP supply appears to be insufficient in thalassemic RBCs to maintain membrane fitness and clearance of globin precipitates
- Mitapivat (AG-348) is a first-in-class oral, small-molecule, allosteric activator of the RBC-specific form of PK (PK-R)
- Mitapivat has already shown efficacy and safety in clinical trials of patients with PK deficiency
- In mouse models β -thalassemia, mitapivat increased ATP levels, reduced markers of ineffective erythropoiesis, and improved anemia, RBC survival, and indexes of iron overload





Interim data from phase 2 trial

- Hb increase of ≥ 1.0 g/dL in 8 of 9 patients at 12 weeks with favorable changes in markers of erythropoiesis and hemolysis
- AEs occurring in >3 patients included insomnia, dizziness, cough, dyspepsia, fatigue, headache, nasal congestion, nausea, and upper respiratory tract infection

Table. Patient demographics and characteristics at baseline

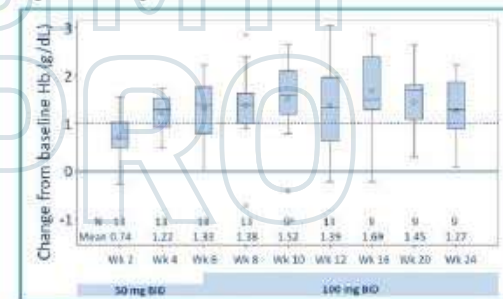
Baseline characteristics	Total (N = 10)
Median (range) duration of treatment, weeks	20.6 (1–50.0)
Male/female, n	5/5
Age, median (range), years	43.6 (29–67)
Race, n (%)	
Asian	9 (90.0)
White	4 (22.2)
Native Hawaiian or other Pacific Islander	1 (5.6)
Other*	4 (22.2)
Thalassemia type, n (%)	
α	5 (27.8)
β	13 (72.2)
Hb, median (range), g/dL	8.43 (5.6–9.8)
Indirect bilirubin, median (range), mg/dL	1.17 (0.31–6.52)
Lactate dehydrogenase, median (range), U/L	249 (126–513)
Erythropoietin, median (range), mIU/mL	70.5 (15–11,191)

Hb, hemoglobin.

Splenectomy and prior transfusions were reported in 2 patients each at baseline.

*Includes patients who reported more than 1 category, and 1 not reported.

Figure. Hb change over time



BID, twice daily; Hb, hemoglobin; Wk, week.

Bold blue line indicates baseline, dashed blue line indicates Hb 1 g/dL above baseline. Boxes represent interquartile range, lines in boxes indicate medians, diamonds indicate means, whiskers and outliers (circles) calculated with Tukey's method.

*4 patients were not evaluated at Week 10 due to a protocol amendment eliminating this visit.

Mitapivat (PK activator) trials

Agent	Clinical Trials*	Design	n‡, population, age	Key efficacy measures
PK activator				
Mitapivat (AG-348)	<ul style="list-style-type: none"> • NCT03692052 • Active, not recruiting† 	<ul style="list-style-type: none"> • Phase 2 • Open-label 	<ul style="list-style-type: none"> • n = 20 • NTDT (including α-thalassemia) with Hb ≤ 10 g/dL • ≥ 18 yr 	<ul style="list-style-type: none"> • Hb increase ≥ 1 g/dL§ • Hb, Reticulocytes, bilirubin, LDH, haptoglobin, • EPO, nRBC, sTfR
	<ul style="list-style-type: none"> • ENERGIZE-T • NCT04770779 • Not yet recruiting 	<ul style="list-style-type: none"> • Phase 3 • Randomized, placebo-controlled, double-blind 	<ul style="list-style-type: none"> • n = 240 • TDT (including α-thalassemia) • ≥ 18 yr 	<ul style="list-style-type: none"> • Transfusion reduction ($\geq 50\%$§, $\geq 33\%$) / • independence • Transfusion requirement • SF, TSAT, TIBC
	<ul style="list-style-type: none"> • ENERGIZE • NCT04770753 • Not yet recruiting 	<ul style="list-style-type: none"> • Phase 3 • Randomized, placebo-controlled, double-blind 	<ul style="list-style-type: none"> • n = 171 • NTDT (including α-thalassemia) with Hb ≤ 10 g/dL • ≥ 18 yr 	<ul style="list-style-type: none"> • Hb increase ≥ 1 g/dL§ • PRO • Hb, Hb increase ≥ 1.5 g/dL • Reticulocytes, bilirubin, LDH, haptoglobin, EPO, • SF, TSAT

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[Forni GL](#), [Puntoni M](#), [Boeri E](#), [Terenzani L](#), [Balocco M](#).

